



Welcome to the latest edition of the CVS electronic bulletin.

For more information on articles in this bulletin or to advertise an event, training or information about your organisation in our next bulletin, please call 01268 294124 or email [admin@bbwcvcs.org.uk](mailto:admin@bbwcvcs.org.uk)

## CVS News

### Magic!



Since my last update I have spent time thinking and planning about how we will develop our services to truly make a difference to the way we work together. I've thought about various elements of what we regularly do: project delivery, team motivation, bid writing and promotion. Then suddenly an opportunity appeared – just like magic! I attended a meeting with a group of local enthusiastic people who have formed an organisation called More in Common Basildon Borough. 'More in Common' is a national concept and now Basildon has its own dedicated group with a vision to build more united, inclusive and resilient societies in which people believe that what they have in common is stronger than what divides them. They believe that this can be achieved by developing an online directory of local activities and services. Yes, it's not the first and I'm sure it won't be the last directory either. However, it is the newest and with support from the Mayor David Burton-Sampson it has a good chance to succeed. The group are very focused on the outcomes and how this can signpost the public to all of the great things happening throughout the borough. So why does another directory get me excited?

I am fixated on how this could potentially impact all of the organisations we support and what a difference a good quality directory could mean for us all. I've had plenty of experiences of developing a successful funding bid, proving the need, coordinating and preparing the services, and then holding my fingers crossed on the big day waiting for participants to arrive. We all know the service users are out there, so I see no harm in a new local directory which will signpost them in our direction. In just a few weeks a flyer promoting the directory will be circulated to all 88,000 homes across the Basildon Borough. The group also intend to develop a selection of public events highlighting all of the opportunities we host across the borough. 'More in Common' are passionate about reducing isolation, and I'm passionate about supporting all of the opportunities we collectively provide as non-profit organisations, a perfect match. BBWCVS have agreed to provide support and encourage its maintenance within our member network. We expect the website to be available very soon and will provide a link on our social media groups. We would then appreciate you providing details of your activities and contact details and then sit back and enjoy the magic!

*Simon Johnson* - Chief Officer, BBWCVS

### BBWCVS Youth Mental Health First Aid Training 2 Day Course – February 14<sup>th</sup> & 21<sup>st</sup>

**Youth Mental Health  
First Aid Training**  
14th and 21st February 2020

**InterAct**

Basildon, Billericay & Wickford | CVS



## 2020 Fun Walk – Over 30 Organisations Already Registered



**2020 FUN WALK – BARLEYLANDS FARM**

**13<sup>th</sup> September 2020**  
**FREE REGISTRATION FOR LOCAL CHARITIES & GOOD CAUSES**  
[www.thefunwalktrust.co.uk](http://www.thefunwalktrust.co.uk)

The Fun Walk Trust organises the walk and takes care of all the paperwork, leaving projects free to focus on raising sponsorship money and enjoying the day.

The event is not confined to charities, any good cause or project may join us once approved by the Trust. For example, many pre-schools and schools, churches and community groups now regularly participate.

The BONUS POT is a unique feature of The Fun Walk and is donated by generous local businesses and individuals.

## BBWCVS Volunteer Centre

### Advice for Those Interested in Volunteering

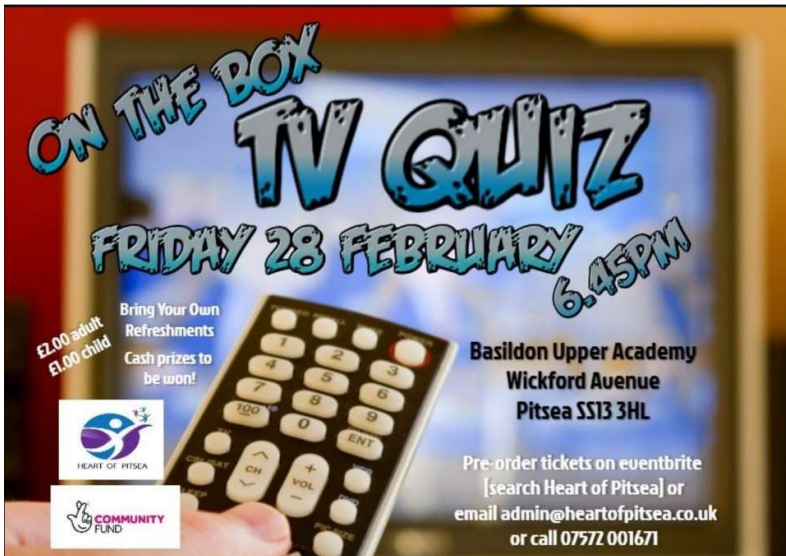
BBWCVS Volunteer Centre staff are available at the Advice Store in Basildon on the first Tuesday of every month, 10:30AM-12:30PM to see individuals who are interested in volunteering. This operates on a drop-in basis. We are planning on expanding our presence in community spaces in the coming months.

### Help Advertising Volunteer Opportunities

Don't forget our BBWCVS Volunteer Centre can also advertise your volunteer opportunities on the county-wide website [www.volunteersex.org](http://www.volunteersex.org) we can also promote your opportunities on our social media pages. Twitter @BBWVolcentre

If you would like to speak to us about your opportunities or volunteering more generally, please get in touch: [volcentre@bbwcv.org.uk](mailto:volcentre@bbwcv.org.uk) 01268 294420

## Heart of Pitsea – ‘On the Box’ TV Quiz – February 28<sup>th</sup>



**ON THE BOX TV QUIZ**  
**FRIDAY 28 FEBRUARY 6.45PM**

Bring Your Own Refreshments  
Cash prizes to be won!

£2.00 adult  
£1.00 child

Basildon Upper Academy  
Wickford Avenue  
Pitsea SS13 3HL

Pre-order tickets on eventbrite  
[search Heart of Pitsea] or  
email [admin@heartofpitsea.co.uk](mailto:admin@heartofpitsea.co.uk)  
or call 07572 001671

Enjoy a great value night out at the Heart of Pitsea ‘On the Box’ TV Quiz.

Cash prizes to be won!

Teams of up to 8, or individuals can join a team on the night. Bring your own refreshments.

Tickets cost just £2.00 per adult and £1.00 per child. Pre-booking is advisable. Book your tickets online on Eventbrite <http://bit.ly/OnTheBoxQuiz> and pay on the night.

For more information call 07572 001671 or email [admin@heartofpitsea.co.uk](mailto:admin@heartofpitsea.co.uk)

## Heart of Pitsea – Community Health Market – March 23<sup>rd</sup>



A wide range of health and community organisations will be on hand to provide invaluable information, help and advice on a range of subjects and offering free services, projects and events that people can access and take part in.

This event runs from 9am until 12 noon in the foyer of the Dipple Medical Centre in Wickford Avenue, Pitsea SS13 3HQ.

It is open to everyone (not just Dipple patients).

No need to pre-book, just come along!!

## Funding News

### FREE access to NCVO's Funding Central to Identify Possible Sources of Funding.

BBWCVS is able to give funding advice and support on funding opportunities and approaches to fundraising.

This includes:

- Developing and discussing funding strategies.
- Commenting on and helping with draft applications.
- Identifying and monitoring outcomes in a straightforward way.
- Exploring the best way of improving your organization's financial sustainability.
- Identifying other useful free funding search engines to assist you in your exploration for funding.

For further assistance please contact Pippa Foster on 01268 294439 or email [development@bbwcvcs.org.uk](mailto:development@bbwcvcs.org.uk)

Are you following us on Twitter?



All our updates, opportunities and news go on our twitter page - why not be ahead of the game for funding opportunities especially and follow us at @bbw\_cvcs

## Funding News

### Emergency Essentials Programme – BBC Children in Need

Family Fund Business Services are working in collaboration with BBC Children in Need to deliver the Emergency Essentials programme supporting children and young people living with severe poverty as well as additional pressures such as domestic violence, disability or poor health in the family.

The programme can deliver or fund critical items such as:

- Gas or electric cookers
- Essential household items
- Furniture and kitchen equipment
- Children's beds and bedding
- Washing machines
- Fridges and freezers
- Baby equipment
- Clothing in exceptional or emergency situations.

Applications must be completed by a registeredreferrer who is part of an organisation that is supporting the family or young person and capable of assessing their needs.

<https://www.familyfundservices.co.uk/emergency-essentials/>

## Family Fund – The Family Fund Trust for families with severely disabled children

The Family Fund helps families across the UK who are raising a disabled or seriously ill child or young person aged 17 or under. You can apply to Family Fund subject to a number of criteria which include that you are the parent or carer of a disabled or seriously ill child or young person aged 17 or under and that you have evidence of entitlement to one of the following: Universal Credit, Child Tax Credit, Working Tax Credit, Income-based Jobseeker's Allowance, Income Support, Incapacity Benefit, Employment Support Allowance, Housing Benefit and Pension Credit.

See their website for more details. <https://www.familyfund.org.uk/>

## Funding to Develop the Sustainability of Organisations Working with Unpaid Carers – Closing Date 14<sup>th</sup> February

The Triangle Trust has announced that the next closing date for applications to its Development grants programme is noon on the 14th February 2020.



During this funding round, the Trust will provide grants to not for profit organisations such as registered charities, not-for-profit social enterprises or community interest companies working with unpaid carers, The Trust would like to see applicants use these grants to enhance their resilience, so that when the grant comes to end the applicant organisation's income will not be reduced. Grants are available from £10,000 to £80,000 over three years with a duration of 6 months to 3 years.

A maximum of £30,000 per year or £2,500 per month for smaller projects can be requested.

The Trust also holds a separate funding round for organisations working with the rehabilitation of offenders or ex-offenders. This is due to open for applications in March 2020.

<http://www.triangletrust.org.uk/>

## Gregg's Local Community Project Fund – Closing Date 23<sup>rd</sup> February

A promotional poster for Gregg's Local Community Project Fund. The background is a light blue surface with various kitchen items: a whisk, wooden spoons, a bowl of flour, an egg, and a wooden tray with a fried egg. A red and white checkered cloth is visible in the top left. The text is as follows:  
**GREGGS** (with the Gregg's logo icon)  
**Local Community Projects Fund**  
Up to £2,000 available\*  
Closing Date 23rd February (written diagonally on a white banner)  
Not for Profit organisations eligible to apply for projects which support Disabled or suffering chronic illness; Living in poverty; Voluntary Carers; Homeless people; Isolated older people; or can demonstrable other significant need.  
<https://tinyurl.com/GreggsCommunityFund>  
\*Organisations with a turnover in excess of £300,000 will be unsuccessful.

## **The Austin and Hope Pilkington Trust – Funding for Music and Arts Projects for People with Disabilities – Closing Date 28<sup>th</sup> February**

From the 1st February 2020 grants of up to £1,000 will be available to projects that improve access to Music and the Arts for people with physical, learning and mental health disabilities. To be eligible applicants need to be registered charities with an annual income of between £100,000 and £1 million. The funding is being made available through the Austin and Hope Pilkington Trust and the closing date for applications will be the 28th February 2020. <https://austin-hope-pilkington.org.uk/>

## **MSE Charity – Funding for Financial Literacy Projects – Closing Date 28<sup>th</sup> February**

The MSE Charity has announced that its grants programme will re-open for applications on the 3rd February 2020. The charity gives grants to not for profit organisations that deliver activities which make a lasting impact on how people think, behave and manage their money.



The MSE Charity is dedicated to supporting UK voluntary groups delivering financial life skills which make a lasting impact on the way people think, behave and manage their money. Grants of up to £5,000 are available for projects that aim to make people living with 'Long Term Challenges' become more financially capable. Grants will be offered to build financial capability by assisting groups who support people living with: dementia; autism; learning difficulties; disabilities; caring responsibilities; mental illness; brain injuries and strokes

Eligible applicants will be registered charities, Community Interest Companies (CICs) and other not for profit companies and Credit Unions. Preference is given to projects that break new ground in approach, delivery or in audience and are either capable of replication to a wider audience and/or are collaborative i.e. working with other organisations in the field, or geographical area as appropriate.

The closing date is the 28th February 2020 or when 40 applications have been received.

## **The Thomas Wall Trust's Digital Skills 2020 Grant Programme – Closing Date 31<sup>st</sup> March**

The Thomas Wall Trust's Digital Skills 2020 grant programme awards funding of up to £5,000 to not-for-profit organisations and charities aiming to equip those over 18 years old with basic digital skills for work and life, helping them access the online world.

Applicants must have been established for at least three year and have an annual turnover that does not exceed £500,000.

The Trust will prioritise applications that:

- link digital skills with employment opportunities;
- are match funded;
- can provide compelling evidence of impact; and
- are working with collaborative networks.
- Deadline: Tuesday 31 March 2020 (expression of interest)

## **Leeds Building Society Foundation – Closing Date 27<sup>th</sup> April**



Applications welcomed from UK registered charities with a turnover of less than £1m.

Donations usually fund items of "capital expenditure". That means items must directly help those in need, rather than contributing to the charity's running costs.

<https://www.leedsbuildingsociety.co.uk/your-society/about-us/foundation/>

## Grants of up to £15,000 Available for Projects that Support Women – Closing Date 30<sup>th</sup> April

The Feminist Review Trust has announced that grants of up to £15,000 are available for projects both in the UK and internationally that support women and girls, especially those focused on the following areas:

- Lesbian and transgender rights
- Violence against women and girls
- Disabled women and girls
- Refugee women and girls

<http://www.feminist-review-trust.com/guidelines/>

## Local News and Events

### BBWCVS Thanks!

A massive thank you to B&Q Basildon for their generous donation of pebbles for our inter-generational project in February in conjunction with The Pioneer School and The George Hurd Centre to mark Student Volunteer week and Valentine's Day.

Also, a huge thank you to Hutton and Shenfield Union Church for the financial donations collected over the festive period in order to support the homeless of South East Essex. The Money will go towards the excellent work of the Basildon Emergency Night Shelter

### Wickford Board Game Club!

Whether you've never played a game before or know your Twilight Imperium from your Twilight Struggle, we are open to all. Between our membership they have hundreds of titles of boardgames but are always looking for new things to play.

Membership is totally free and there is no charge to attend our events either!

For more information visit: <https://www.facebook.com/groups/wickfordboardgameclub/>



### FREE Vlogging Workshop for Essex Youth Groups

Free workshop to teach young people how to create powerful and compelling vlogs on their smartphone.

The workshop forms part of the Vlogstar Challenge and is available to Youth organisations and schools in London and Essex. The team is able to deliver these workshops to your venue on weekends.

Participants could be in with a chance to win £2,000 for their school or youth organisation, £500 worth of production equipment and 1-2-1 mentoring with YouTube experts.

Contact: Nathaniel Hawley [nat.hawley@watson.is](mailto:nat.hawley@watson.is)

### Walk & Talk 4 Men – Essex Support Group for Men and Their Mental Health

The group gets together a couple of times a month and has a stroll around a country park whilst having a chat in a safe place without judgement!

It gives the guys the opportunity to offload, get things off their chests and talk about how they are feeling rather than bottling it up and suffering in silence.

Website: <http://www.walkandtalk4men.com/>

Facebook: <https://www.facebook.com/groups/715936945475212/>





## **GIRLS & AUTISM TALK AND Q&A**

**WHO?**  
**ACE SEN CONSULTANCY**

**WHERE?**  
**Miracle House, New Life Church**  
2 Silva Island Way, Wickford SS12 9NR (FREE PARKING)

### **WHAT'S IT ABOUT?:**

Pink Unicorns (support group for parents of girls with autism) and Takiwatanga Support Services are pleased to announce our first joint event, a highly informative talk regarding females on the autistic spectrum. This talk will allow you to gain a greater understanding of autism and in particular the presentation in females. It is being delivered by **Autism Specialist Teacher Nicola Durrant** and **Autism Specialist Support, Tina Clarke** of **ACE SEN Consultancy**. The event is open to everyone, whether you are a parent of a girl with autism, an education or health professional, an autistic female, or you are just interested in learning more about this topic.

### **ABOUT TAKIWATANGA SUPPORT SERVICES:**

We are a registered charity (no. 1184723) providing activities for children with autism and/or social anxiety issues and we also offer support to their families.

[WWW.TAKIWATANGASUPPORTSERVICES.CO.UK](http://WWW.TAKIWATANGASUPPORTSERVICES.CO.UK)

**When: Wednesday  
12th February 2020**

**TIME: 7-9.30PM**

### **COST**

£6 per ticket. Book via  
[www.eventbrite.co.uk](http://www.eventbrite.co.uk)



## Wat Tyler Country Park Celebrates Science Week – February 17<sup>th</sup> – 21<sup>st</sup>

Wat Tyler Education brings you an incredible half term science week packed with fun and educational activities within the beautiful setting of Wat Tyler Country Park.

### Feb 17<sup>th</sup> Activity Times

10:45 – 11:44 – Build a bridge challenge (hovercraft) – suitable age 6+

11:45 – 12:15 – Balloon car challenge – age 6+

13:00 – 14:30 – Catapult challenge, pop bottle rocket challenge, egg drop challenge – age 6+

15:00 – 15:30 – Outdoor cooking science – age 4+

### Cost

Half a day: Adult £2:00 – Child: £4:00

Full Day: Adult £2:00 – Child: £7:00

Outdoor Cooking: 1 adult + 1 child: £8 / additional adult + child: £5

Please be aware, there are allocated spaces on each of these activities, so please book your space to avoid disappointment.

To book your space phone: 01268 208090 or email: [wattylerenquiries@basildon.gov.uk](mailto:wattylerenquiries@basildon.gov.uk)

### Feb 20<sup>th</sup> Activity Times

10:45 – 11:44 – Nature games, camouflage, treasure hunt – suitable age 3+

11:45 – 12:15 – Bird games: Wormo! (nest building) – age 3+

13:00 – 14:30 – Pond dip – age 3+

15:00 – 15:30 – Outdoor cooking science – age 4+

### **Cost**

Half a day: Adult £2:00 – Child: £4:00

Full Day: Adult £2:00 – Child: £7:00

Outdoor Cooking: 1 adult + 1 child: £8 / additional adult + child: £5

Please be aware, there are allocated spaces on each of these activities, so please book your space to avoid disappointment, although that there are limited last minute spaces for allocated walk ins

To book your space phone: 01268 208090 or email: [wattylerenquiries@basildon.gov.uk](mailto:wattylerenquiries@basildon.gov.uk)





## Hit Films & Hit Music Workshops for Ages 10-18



swan  
committed to that 45 minute

**FREE EVENT**

# SHADOW GROUP PRESENTS

HIT FILMS & HIT MUSIC

**EVERY WEDNESDAY FROM 5-7PM**

LAINDON COMMUNITY CENTRE,  
ASTON ROAD BASILDON SS15 6NX

MAKE A SONG IN A DAY  
MAKE A SHORT FILM IN A FEW HOURS

A MIXTURE OF DRAMA, SCRIPT WRITING & PODCASTING SESSIONS FOR YOUNG PEOPLE AGED 10-18

**TO BOOK A PLACE**

EMAIL: INVOLVEMENT@SWAN.ORG.UK  
PHONE: 07725660425  
EMAIL: INFO@SHADOWGROUP.COM  
PHONE: 07984598838

TAILOR MADE CREATIVE WORKSHOPS  
TERM TIME AND AFTER SCHOOL



## Gone Too Soon Bereavement Support Group – 3<sup>rd</sup> Monday of Each Month

# 'GONE TOO SOON' BEREAVEMENT SUPPORT GROUP

A BEREAVEMENT SUPPORT GROUP SUPPORTING PARENTS WHO HAVE LOST A SON OR DAUGHTER, OF ANY AGE, IN WHATEVER CIRCUMSTANCES AND HOWEVER LONG AGO.

MEETINGS ARE HELD ON THE THIRD MONDAY OF EACH MONTH IN A PRIVATE ROOM  
FRENCH MARTINI  
BILLERICA HIGH STREET  
7.00PM - 9.00PM

## Action for Family Carers – Free Basildon Area Events

**FREE EVENTS FOR FAMILY CARERS** Action for Family Carers  
Supporting Carers Across Essex

### BASILDON area 2020

STRESS BUSTING WORKSHOP - Basildon - 21 Jan  
 LIVE YOUR LIFE WORKSHOP - Thurrock - 23 Jan  
 STRESS BUSTING WORKSHOPS - Basildon - 4, 18 Feb  
 MANAGING EMOTIONS EFFECTIVELY - Thurrock - 7 March  
 LIVE YOUR LIFE WORKSHOP - Basildon - 12 Mar  
 PHOTOGRAPHY OUTDOORS - Basildon - 13 May  
 LIVE YOUR LIFE WORKSHOP - Brentwood - 21 May  
 THEMED WALK - Thurrock - 27 May  
 MASSAGE SESSIONS - Brentwood - 26 Jun  
 PHOTOGRAPHY OUTDOORS - Thurrock - 1 Jul  
 THEMED WALK - Basildon - 15 July

*"... really uplifting."  
 "Brilliant session, I feel calmer."  
 "We felt valued."*

EMAIL:  
care@affc.org.uk  
CALL:  
0300 770  
80 90  
EVENTBRITE  
/ FACEBOOK  
www.affc.org.uk


*Feeling Good, Caring Well project*  
 Supporting Carers' Physical and Emotional Wellbeing

## Parent Support Group – Children with Autism or Anxiety – 1<sup>st</sup> Tuesday of Each Month

**PARENT SUPPORT GROUP**  
**CHILDREN WITH AUTISM OR ANXIETY**

**WHEN**  
**First Tuesday of every month**

**WHERE**  
**Miracle House**  
 2 Silva Island Way, Wickford, SS12 9NR



**ABOUT PARENT DROP IN:**


Are you having problems with your child's behaviour at home, or do you feel there are differences between your child and their peers, need advice, or maybe just want someone that can be there to listen when things are tough? We may not have all the answers, but we will try our best to help, or signpost you to someone that can. All of our volunteers know just what it's like to be an SEN parent and have gained valuable knowledge that they are happy to pass on. We can work it out together, you are not alone.

[WWW.TAKIWATANGASUPPORTSERVICES.CO.UK](http://WWW.TAKIWATANGASUPPORTSERVICES.CO.UK)

**TIME: 7-9PM**

**JUST DROP IN**

**FREE**



**Please note our volunteers are not trained counselors, but they are here to listen and will try their best to help. All conversations will remain confidential.**

**Takiwatanga**  
 supportservices.co.uk  
In his/her own time and space

**Women Together** 

Art+Crafts Tea+Coffee  
Speakers Chit Chat  
Relaxation

**Winner of EMS prize for best Group in Essex!**

**Wednesday 19th February**  
**St George's Suite, Basildon Centre,**  
**St. Martin's Square SS14 1DL**

**11am: Dying Matters**  
**Penny Meadows (St. Lukes Hospice)**

**11.45am: Inclusive Basildon Project**  
**James Wheeler & Ndunge (Equality Diversity Officer, Basildon Council)**

**12.30pm LUNCH!**  
**Please bring a dish to share**

**1.00 – 2.30pm CRAFTernoon**  
**Jewellery Making**  
**(Creating Bead Tree Brooches)**

**RSVP Sidra Naeem email: [WomenTogether.bas@gmail.com](mailto:WomenTogether.bas@gmail.com)**  
**(Chair of Women Together, Secretary of Essex Mind & Spirit)**  
**<http://essexmindandspirit.co.uk/womentogether.html>**



### **NVCO Diversity and Volunteering Workshop - Thursday 27 February,**

10.00–12.00 · NCVO offices, London

The workshop will be a mixture of a short presentation by NCVO, and then a facilitated discussion about what diversity means to organisations, and their aims, priorities and ambitions, and experiences and learnings to date when it comes to diversity and volunteering – including successes and challenges.

This workshop forms part of a series of engagement sessions with volunteer-involving organisations that will inform the third focused report on key issues raised from our Time Well Spent research  
Please note, there are limited spaces.

What will organisations get from this workshop?

- An opportunity to hear a bit about the latest research and evidence about diversity and volunteering
- A chance to discuss experiences and learnings with other volunteer-involving organisations
  - An opportunity to contribute to an important piece of research.

If you would like to attend, please email [amy.mcgarvey@ncvo.org.uk](mailto:amy.mcgarvey@ncvo.org.uk)

## All Ears - Free Seminars for Hearing Aid Users and their Family and Carers – Next Session 19<sup>th</sup> March



**All ears**  
Living with Hearing Loss

**BASILDON**

Free to attend

**Get some sound advice and make the most of your hearing aids!**

**Basildon dates:**  
30th January 2020  
19th March 2020  
14th May 2020  
10th September 2020  
5th November 2020

All run 3pm - 5pm  
at:  
The George Hurd Activity Centre  
Audley Way, Basildon,  
Essex, SS14 2FL

Free seminars for hearing aid users, their family and carers, and those who are beginning to experience a decline in hearing.

These friendly and informal sessions aim to provide practical help, advice, and guidance on how to manage life with hearing loss.

Places for these seminars are limited and must be booked in advance. These events are running at venues across the County. For further information and to book your place, please contact Hearing Help Essex:

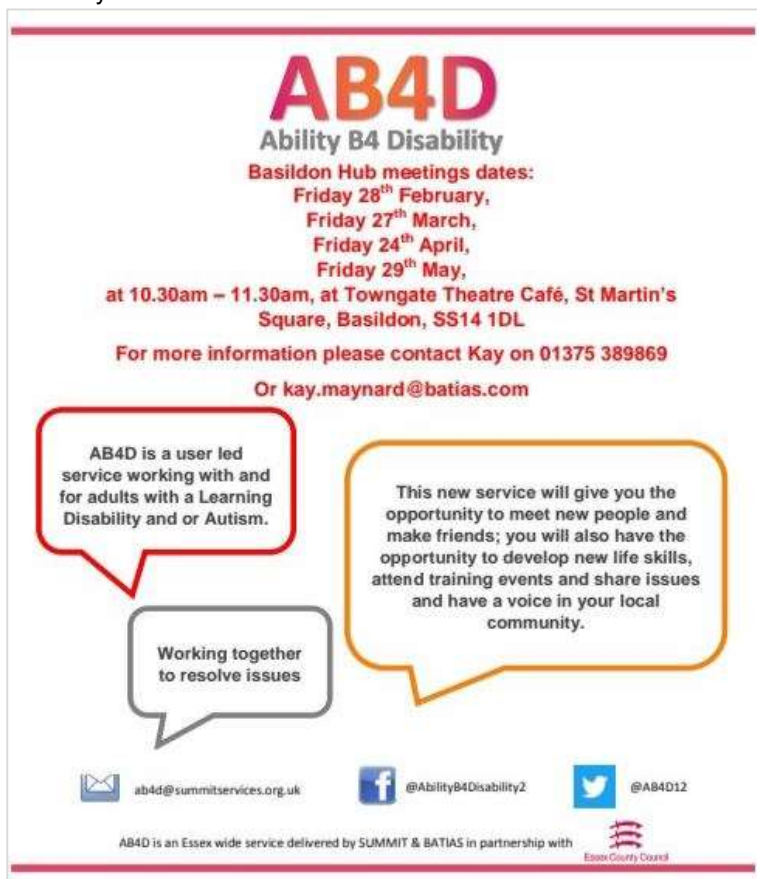
**Phone:** 01245 496 347  
**Text:** 07950 406 173  
**Email:** [help@hearinghelpessex.org.uk](mailto:help@hearinghelpessex.org.uk)  
**Web:** [www.hearinghelpessex.org.uk](http://www.hearinghelpessex.org.uk)

Hearing Help Essex Registered Charity Number: 1113498  
Company Ltd Reg. no: 5664873

Delivered by:  
**Hearing Help Essex**

## Ability B4 Disability (AB4D) Basildon Hub Meetings Start February 28<sup>th</sup>

AB4D is a new service funded by Essex County Council and designed in collaboration with Adults with a Learning Disability and Autism.



**AB4D**  
Ability B4 Disability

**Basildon Hub meetings dates:**  
Friday 28<sup>th</sup> February,  
Friday 27<sup>th</sup> March,  
Friday 24<sup>th</sup> April,  
Friday 29<sup>th</sup> May,  
at 10.30am – 11.30am, at Towngate Theatre Café, St Martin's Square, Basildon, SS14 1DL

For more information please contact Kay on 01375 389869  
Or [kay.maynard@batias.com](mailto:kay.maynard@batias.com)

AB4D is a user led service working with and for adults with a Learning Disability and or Autism.

Working together to resolve issues

This new service will give you the opportunity to meet new people and make friends; you will also have the opportunity to develop new life skills, attend training events and share issues and have a voice in your local community.

[ab4d@summitservices.org.uk](mailto:ab4d@summitservices.org.uk) | [@AbilityB4Disability2](https://www.facebook.com/AbilityB4Disability2) | [@AB4D12](https://twitter.com/AB4D12)

AB4D is an Essex wide service delivered by SUMMIT & BATIAS in partnership with Essex County Council

## The Interact Together Club – Fortnightly Meetings, Chelmsford

### The InterAct Together Club

Want a place where you can relax,  
make friends, learn new skills and have fun?

**Where?** The Aspire Centre,  
Moulsham Mill, Chelmsford CM2 7PX  
**When?** Monday evenings 6-9pm (fortnightly)  
**How much?** £8 per session

To view club dates and book online—please visit  
[www.interact.org.uk/booknow](http://www.interact.org.uk/booknow)



Open to anyone with  
disabilities/additional  
needs living in Essex  
aged 18—25 years

InterAct works with young people and adults with autism,  
learning disabilities and emotional problems to help develop

**Interested?  
Get in touch...**

Supported by  
 Chelmsford  
City Council

01245 608206  
youngpeopleteam@interact.org.uk  
www.interact.org.uk  
InterAct Essex  
@InterActEssex

Charity Registration No 1048631 Company No 3087233

## Personalised Eating Disorder Support (PEDS) – Carers' Monthly Meeting Rayleigh

### Location:

Cooimbewood Mental Health Resource Centre,  
1 Websters Way, Rayleigh, SS6 8JQ

### When:

Third Thursday of every month  
7pm – 8.30pm

Does your loved one have an eating  
disorder?  
Monthly Carers Support Group



For further information or to confirm interest, please phone Mandy Scott  
(Registered Mental Health Nurse and Co-Founder PEDS)  
on 07881 967160 or email [admin@pedsupport.co.uk](mailto:admin@pedsupport.co.uk)

## Chelmsford Star Co-op – Application to Become Their Charity of the Year – Deadline 9<sup>th</sup> March

Are you a Charity that covers Essex? An amazing opportunity has arisen with Chelmsford Star Co-op, to become their Charity of the Year 2020/2021.

Apply Today! Closing Date 9th March

<https://www.chelmsfordstar.coop/community/charity-year>



## National News

### National Lottery Funds Charity Evaluation Website

A network set up to help charities prove their effectiveness has been funded by the National Lottery to launch online.

The Charity Evaluation Working Group (CHEW) was set up nine years ago and involves around 400 people representing 120 UK wide charities.

After registering as a community interest organisation last year it has now launched its website presence, after receiving funding through the National Lottery.

The website features a range of online resources and aims to connect evaluation experts to those in the sector with less experience of measuring their organisation's effectiveness. It includes a section where members can share examples of good practice, case studies and advice. <https://www.chewgroup.org.uk/>

### Crowdfunder Brings in Fee Free Fundraising

Online fundraising provider Crowdfunder has overhauled its payments structure to axe all transaction and platform fees for charities.

The fundraising platform's fee changes see any donations received via Crowdfunder administered by the Charities Trust. This includes Gift Aid.

Instead supporters will be asked if they want to offer a financial "tip" to the platform to cover costs, but this will be optional.

"Every penny raised for charity should go to charity," said Crowdfunder Creative Director Simon Deverell.

### Game-changing Digital Products for Charities in 2020

"Some software products and services can be a gamechanger for charities, giving them extraordinary new powers to carry out the key functions of raising funds and delivering services to their causes". Here are five vital digital products and services that according to Charity Digital author Paul Rubens, every charity should consider in 2020.

1. Data Analysis and visualisation
2. Web-based constituent relationship management (CRM) software
3. Phishing awareness software
4. Web-based security suite
5. Whiteboard animation software

Read the full article here: <https://www.charitydigitalnews.co.uk/2020/02/05/gamechanging-2020-products-for-charities/>

## Vacancies

### The Salvation Army - Hadleigh Training Centre Vacancies



#### Relief Project Worker – Closing date 23<sup>rd</sup> February

Salary: £9.00per hour

Working Hours: As and when required - To provide relief cover within Hadleigh Training Centre

Job Summary: Hadleigh Training Centre provides training opportunities to adults with additional support needs in order to meet a range of outcomes. The project worker will plan, and then guide trainees to follow personalised pathways which maximise progression through vocational training in a range of areas including carpentry, horticulture, cycle maintenance, catering and hospitality. <http://www.salvationarmy.org.uk/jobs>

#### Cancer Research UK – Race for Life – Paid Opportunities



## WE'RE RECRUITING

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**Citizens Advice South Essex – Call for Volunteers**



**Do you want to support people in your community?**

All sorts of people volunteer with us and for many different reasons. One thing uniting them all is they find it challenging rewarding and varied.

Over 18? you can volunteer at Citizens Advice at any age!



Interested?

Email: [recruitment@citizensadvice-southessex.org.uk](mailto:recruitment@citizensadvice-southessex.org.uk)  
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Send the details including a web link to [admin@bbwcvcs.org.uk](mailto:admin@bbwcvcs.org.uk)

**BBWCVS Event Diary/Calendar 2020**

Date	Event	Contact / Book Event
14 & 21 Feb 2020	Youth Mental Health First Aid	Eventbrite or <a href="mailto:development@bbwcvcs.org.uk">development@bbwcvcs.org.uk</a>
28 Feb 2020 6:45PM	Heart of Pitsea 'On the Box' TV Quiz	Eventbrite or <a href="mailto:admin@heartofpitsea.co.uk">admin@heartofpitsea.co.uk</a>
23 March 2020 9AM – 12 Noon	Heart of Pitsea – Community Health Market	No need to pre-book, just come along!! <a href="mailto:admin@heartofpitsea.co.uk">admin@heartofpitsea.co.uk</a>
13 September 2020	2020 Fun Walk – Barleylands Farm	<a href="http://www.thefunwalktrust.co.uk">www.thefunwalktrust.co.uk</a>



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