



Welcome to the latest edition of the CVS electronic bulletin.

For more information on articles in this bulletin or to advertise an event, training or information about your organisation in our next bulletin, please call 01268 294125 or email admin@bbwcvcs.org.uk

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BBWCVS Facebook



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CVS News

BBWCVS Welcomes New Volunteer Coordinator

We are delighted to welcome our new Volunteer Coordinator Katy Watson.

Katy will be responsible for the operation of the Volunteer Centre in Basildon and the delivery of its projects.

Her role includes recruitment, placement and development of volunteering opportunities in Basildon.

If you would like to get in touch you can contact Katy on 01268 294125 or email volcentre@bbwcvcs.org.uk.

Heart of Pitsea Community Events

Youth Market Challenge – October 19th

Just like an exciting episode of 'The Apprentice', the young people from the Heart of Pitsea Youth Forum and the Basildon Youth Council, have been tasked with setting up their own retail business from scratch!

Using the same budget, each team has researched, sourced and priced their stock, which they will compete to sell to the public in Pitsea Market on the day.

Come along to join in the fun and give them your support!

Time: 10:00am - 1:00pm

Location: The Market Square, Pitsea.

Other Heart of Pitsea Events in October & December:

Heart of Pitsea supporting the Dipple Patient Participation Group
Offering information, help and support with....

Blindness & Sight impairment
Pharmacy Services
Disability
Child & Family Services
Caring
Bereavement
Home Fire Safety
Dementia
Weight Management
NHS Hearing Aids
Mental Health
Independent Living
Activities for 50+

COMMUNITY HEALTH MARKET

THE DIPPLE MEDICAL CENTRE
Monday 21 October
9.00am-12.00noon
FREE to attend - everyone welcome (not just Dipple Patients)
Wickford Avenue Pitsea SS13 3HQ

HEART OF PITSEA
@heartofpitsea
NATIONAL LOTTERY FUNDED

CHRISTMAS CRACKER

Bring your own refreshments
Cash prizes

QUIZ

6.45PM
FRIDAY 13 DECEMBER

BASILDON UPPER ACADEMY
WICKFORD AVENUE, PITSEA, SS13 3HL

Pre-order tickets on eventbrite [search Heart of Pitsea]
or email admin@heartofpitsea.co.uk or call 07572 001671

BBWCVS Mental Health Forum – December 3rd

Basildon, Billericay & Wickford | CVS

Forum

Tuesday
3rd December
10am-1pm

Mental Health:
The wellbeing of You,
your Organisation
and Society

The George Hurd Centre
Audley Way, Basildon
SS14 2FL
01268 294124

<http://bit.ly/CVSMentalHealthForum>

Funding News

FREE access to NCVO’s Funding Central to Identify Possible Sources of Funding.

BBWCVS is able to give funding advice and support on funding opportunities and approaches to fundraising.

We offer this support either at face-to-face meetings, by phone and/or by email. We have good relationships with local funders and we can also help review your applications that have been unsuccessful or help clarify any issues or problems that crop up.

Please contact Pippa Foster on 01268 294439 or email development@bbwcvcs.org.uk

Basildon, Billericay & Wickford | CVS

BBWCVS Funding and Development Surgery

10.00am to 12.30pm

19th November

A 30 minute consultation to discuss any Funding or Development needs your organisation may have

To book an appointment
development@bbwcvcs.org.uk

Power to Change Community Business Fund – Closing Date 9th October



Funding Opportunity

Power to Change Community Business Fund
Grants of £50k – £300k are available to support existing community businesses with:
Capital costs & Project-specific revenue costs
Grant awards will be made to the successful organisations from January 2020

Closing Date
Midday 9th October 2019
Organisations are encouraged to read the guidance and FAQs for the fund before making an application and to sign up to the Power to Change newsletter

UMi, Power to Change's grant administration partner for the Community Business Fund, can answer any questions applicants have about this fund either by phone 0300 1240444 or via email cbf@weareumi.co.uk

<https://tinyurl.com/Powertochangefund>

Essex Community Foundation Tampon Tax Community Fund – Closing Date Oct 11th

Grants of up to £10,000 are available to support projects which make a difference to the lives and happiness of women and girls in Essex by raising aspirations, building confidence and improving their health and well-being.



Essex Community Foundation

Tampon Tax Community Fund

The Fund aims to support projects which make a difference to the lives and happiness of women and girls in Essex by raising aspirations, building confidence and improving their health and well-being.

Grants between 5k-10k available

Applications must meet one of the three priority areas:

- Building Skills and Confidence,
- Improving Physical or Mental Health
- Creating Social Networks.

Interested? Why not phone Essex Community Foundation for further information?

01245 356018

Deadline 11th October @ 5pm

The Tampon Tax Community Fund, which is being managed locally by ECF was set up by the Government and receives money generated from the VAT on sanitary products.

Comic Relief Community Fund – Rolling Programme



COMIC RELIEF Community Fund

Grants are available for small grassroots groups and charities in England either to help them develop their organisation or to deliver projects that fit with Comic Relief's four strategic themes.

- Children Survive & Thrive
- Fighting for Gender Justice
- A Safe Place to Be
- Mental Health Matters

Capacity building grants of up to £500
Project delivery grants up to £4,000

Application form and further information
<https://tinyurl.com/CRCCommunityFund>

This is a rolling programme and applications can be made at any time.

Applications will be considered from grassroots community organisations and charities with an income of less than £250,000 that are based and working in England.



Active Essex Fit For Funding Workshop Series – October 29th / November 28th

Workshop for sport and physical activity clubs and organisations currently offering/looking to offer physical activity

FREE

FIT FOR FUNDING

WORKSHOP SERIES

- How to develop an effective funding application
- The do's and don'ts when applying for grants
 - Where to apply and what's available
- Follow up support from your local hub team at Active Essex

Book your FREE place here:
<https://www.activeessex.org/fit-for-funding-workshops/>

ActiveEssex

Garfield Weston Foundation – Rolling Programme

<https://garfieldweston.org/apply-to-us/grant-guidelines/>

W

Garfield Weston FOUNDATION

Funding considered: Welfare, Youth, Community Arts, Health and Museums and Heritage, Environment, Education

The Garfield Weston Foundation's Regular Grant programme awards grants of up to £100,000 to UK registered charities, CIOs, schools, faith-based organisations that are either exempt under the Charity Commission guidelines or are registered charities, housing associations or museums and galleries.

Capital projects*, Revenue**/Core costs or Project costs supported

It is recommended that applicants should have around half of their funding identified before applying to the Foundation.

Continuous rolling programme - Apply today!

*When applying for capital projects, please note a grant is unlikely to be more than around 10% of the total cost.

**When applying for revenue/unrestricted grants, please note applicants are unlikely to be awarded more than approximately 10-20% of their organisation's total annual income.

Warburtons Community Grants

WARBURTONS COMMUNITY GRANTS

WARBURTONS' AWARD SMALL COMMUNITY GRANTS OF UP TO £250 TO NOT-FOR-PROFIT ORGANISATIONS WITH CHARITABLE PURPOSES THAT ARE DELIVERING WORK THAT ALIGNS TO WARBURTONS PRIORITIES AND WHICH HAS A DIRECT AND TANGIBLE IMPACT.

TO BE ELIGIBLE, PROJECTS MUST BE IN LINE WITH THE FOLLOWING SOCIAL THEMES

<p>CHALLENGES:</p> <p>HEALTH – HELP FAMILIES LEAD HEALTHIER LIFESTYLES.</p> <p>FINANCIAL STABILITY – HELP FAMILIES MANAGE THEIR FINANCES.</p> <p>WORKLESSNESS – HELP FAMILIES RECOGNISE THE ECONOMIC AND SOCIAL BENEFITS OF EMPLOYMENT.</p>	<p>OPPORTUNITIES:</p> <p>HEALTH EDUCATION – HELP EDUCATE FAMILIES ABOUT HEALTHY LIFESTYLES (NO PROJECT GRANTS).</p> <p>ASPIRATION – HELP RAISE CAREER ASPIRATIONS TO IMPROVE PROSPECTS FOR THEM AND THEIR FAMILIES.</p> <p>EMPLOYABILITY AND SKILLS – HELP RAISE EMPLOYMENT PROSPECTS FOR FAMILY MEMBERS SEEKING EMPLOYMENT.</p>
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DEADLINE
11/11/19

[HTTPS://TINYURL.COM/WARBURTONSFUNDING](https://tinyurl.com/WarburtonsFunding)

LocalGiving Magic Little Grants – Closing Date 30th November



**LocalGiving
Magic Little Grants**

**Deadline
30th
November**

LocalGiving, in association with Postcode Community Trust, is awarding small, local charities and community groups £500 grants to deliver engaging physical activities, which help to overcome barriers to participation.

The aim of the fund is to support the work of organisations that are engaging hard to reach individuals, encouraging them to take part in physical activity to help improve their physical health.

To be eligible, applicants must register with Localgiving as a member. Membership is currently free thanks to the Postcode Community Trust

Apply Today
<http://grants.localgiving.org/pct/>

High Sheriffs' Fund Grants – Closing Date 2nd December



**High Sheriffs'
Fund**

Voluntary and community organisations, local charities and CIC's across Essex can apply for a grant to support their work making their communities safer and better places in which to live

Projects that have received funding previously include a personal safety scheme for older people, educating young people about the dangers of carrying a knife and deterring drug and alcohol abuse.



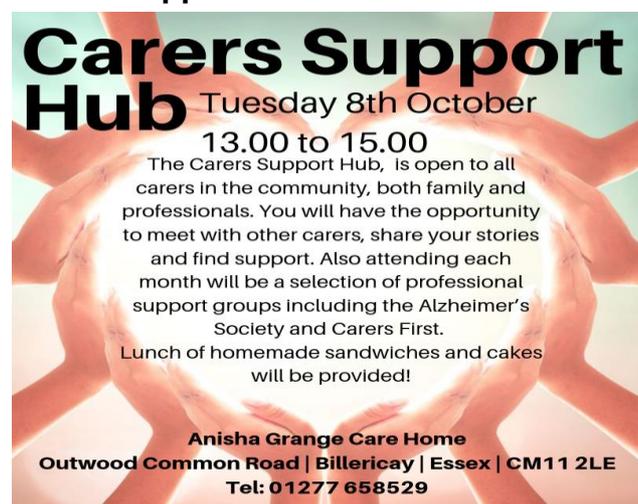
Grants up to £5,000

**Deadline for Applications
2 December 2019**

Apply Today!
<https://tinyurl.com/Highsheriffgrant>

Local News and Events

Carers Support Hub Event – October 8th



**Carers Support
Hub** Tuesday 8th October
13.00 to 15.00

The Carers Support Hub, is open to all carers in the community, both family and professionals. You will have the opportunity to meet with other carers, share your stories and find support. Also attending each month will be a selection of professional support groups including the Alzheimer's Society and Carers First.

Lunch of homemade sandwiches and cakes will be provided!

Anisha Grange Care Home
Outwood Common Road | Billericay | Essex | CM11 2LE
Tel: 01277 658529

Visit Essex Group Travel Show – October 8th

Open invite to the social secretaries from various groups such as WIs, Probus, Retirement clubs etc. to chat with representatives from 30 visitor attractions (and destinations), who will help them organise their day trips out and short stays (in Essex).

Free event.

Time: 10:30am – 2:30pm

Location: Jobserve Community Stadium, Colchester.



Register at <https://www.eventbrite.com/e/visit-essex-group-travel-show-tickets-59459083720>

InterAct & BBWCVS Mental Health First Aid Training (2 Day Course)

Register here:

October 15th & 18th:

<https://www.eventbrite.co.uk/e/mental-health-first-aid-training-2-day-course-october-tickets-68139229269>

November 13th & 20th:

<https://www.eventbrite.co.uk/o/basildon-billericay-amp-wickford-cvs-2853722195>

Location: The George Hurd Centre

Mental Health First Aid Training

Run over two days, MHFA training is an interactive and practical training course to help you spot the early signs of a mental health problem. It will equip you with tools and techniques to help you, your friends, family and colleagues.

MENTAL HEALTH

Course 1: 15th and 18th October
Course 2: 13th and 20th November

£30 BBWCVS Members (Cost of textbook)
£55 Non Members (Inc cost of textbook)
Statutory Agencies / Private Organisations £80 (Inc cost of textbook)

Register Interest
Development@bbwcv.org.uk

InterAct Basildon, Billericay & Wickford | CVS

ECVYS “Youth Violence and Knife crime in Essex” Conference – October 12th

Join ECVYS for this very unique conference for all those who volunteer or work within a voluntary youth setting to find out about the Essex picture, join in with some brilliant workshops & be inspired as to how we can help tackle this issue together.



Keynote speakers:

- Jane Gardener, the Deputy Police & Fire Crime Commissioner
- Gavin McKenna, CEO of Reach Every Generation

£10 for member organisations and £20 for non-members.
(Please contact officeadmin@ecvys.org.uk if you are unsure.)

Lunch provided if place is booked before October 4th

Time: 9:30am – 3pm

Location: Anglia Ruskin University, Bishop Hall Lane, Chelmsford. CM1 1SQ

Booking Links:

- ECVYS members (£10) <https://bit.ly/2WGV2gT>
- NON members (£20) <https://bit.ly/2HSyFx0>

Action for Family Carers – Free Events through 2019 / 2020

The Action for Family Carers project – ‘Feeling Good, Caring Well’ – is underway and is offering free events for Carers in and around Essex - please see the poster for the Essex events.

All of the Events (across the county) can be found on the following links:

INTERACTIVE MAP: <https://affc.org.uk/feelinggood>

EVENTBRITE – to book FREE tickets:

<https://www.eventbrite.co.uk/o/action-for-family-carers-18824222583>

Feeling Good, Caring Well
Supporting Carers' Physical and Emotional Wellbeing

Events in and around BASILDON

FREE FOR FAMILY CARERS

- MINDFUL WALK - Chafford Gorges - 13 Sept
- STRESS BUSTING SESSIONS - Grays - 16 and 30 Sept, 14 Oct
- MANAGING EMOTIONS EFFECTIVELY - Basildon - 21 Sept
- MANAGING EMOTIONS EFFECTIVELY - Brentwood - 19 Oct
- MASSAGE SESSIONS - Basildon - 14 Nov
- WELLBEING GATHERING - early December
- STRESS BUSTING SESSION - Basildon - 21 Jan
- MASSAGE SESSIONS - Grays - 31 Jan
- STRESS BUSTING SESSIONS - Brentwood - 3 and 27 Feb
- STRESS BUSTING SESSIONS - Basildon - 4 and 18 Feb
- STRESS BUSTING SESSION - Brentwood - 2 March
- MANAGING EMOTIONS EFFECTIVELY - Grays - 7 March
- MASSAGE SESSIONS - Brentwood - 26 June

Also in 2020 ...
PHOTOGRAPHY FOR ALL
COUNTRYSIDE WALKS
'LIVE YOUR LIFE' workshop
TRANQUIL GARDENS

EMAIL: care@affc.org.uk
CALL: 0300 770 80 90
EVENTBRITE / FACEBOOK
www.affc.org.uk

Action for Family Carers
COMMUNITY

Headway Essex “Cognitive Rehabilitation in Practice” Training – November 8th

Headway Essex runs training courses for anyone who works with adults with acquired brain injury, or carers supporting an adult with acquired brain injury.

They have a new training course on Cognitive Rehabilitation in Practice on Friday 8th November in Colchester.

More information on this course and how to book on-line is available from their website

(<https://www.headwayessex.org.uk/im-a-professional/training>)

Headway Essex

Cognitive Rehabilitation in Practice

Cognitive Rehabilitation in Practice
1 day training course
8 November 2019
Colchester, Essex

£75 per person
+ booking fee
(including lunch)

Book Today
Online at Eventbrite

admin@headwayessex.org.uk 01206 845945

Headway Essex
www.headwayessex.org.uk

Carers First – Free Activities for Young Carers in October, November & December

Carers First has been awarded funding for Young Adult Carers (18-24 yrs) to enjoy a variety of seasonal activities and a residential weekend. There are 15 places for the activities and 10 places for the residential weekend. These are free activities and designed to give the YACs some respite. They can assist with transport if necessary.

12 th October	Adventure Island, Southend Pier :	12noon to 6pm
31 st October	Maldon Ghost Walk :	7pm to 8.30pm
11 th December	Pantomime Jack & the Beanstalk, Harlow Playhouse :	7pm to 10.30pm

Carers FIRST
FIRST Choice for Carers
Supporting Carers in Essex

Young Adult Carers October Trips

Funded by Carers Trust Quilter YAC

Adventure Island
Saturday 12th October
12-6pm at **Western Esplanade, Southend-on-Sea, SS1 1EE**
(To meet at the entrance at 12pm)

An afternoon full of fun, enjoy the iconic rides

Limited places available, so book soon!

Free events

Maldon Ghost Walk
Thursday 31st October
7-8:30pm **Meet outside All Saints Church, Maldon, CM9 4PY** (Ending at Hythe Quay)

An evening full of spooks and ghouls. Tales of the supernatural in the most haunted town in Essex.

Limited places available, so book soon!

Help with transport is available, let us know if you require support when booking

Contact Us

0300 303 1555 /CarersFIRSTEssex
 hello@carersfirst.org.uk @Carers_FIRST
 www.carersfirst.org.uk @CarersFIRST

Carers FIRST
FIRST Choice for Carers
Supporting Carers in Essex

Young Adult Carer Pantomime Trip
Wednesday 11th December
Meet at 6:30pm for showing at 7pm
at the **Harlow Playhouse, Playhouse Square, Harlow, CM20 1LS**

Get into the Christmas spirit with a trip to see **Jack and The Bean Stalk**

Limited places available, so book soon!

Help with transport is available, let us know if you require support when booking

Free event

Funded by Carers Trust Quilter YAC
Mental Health and Wellbeing Fund

Contact Us

0300 303 1555 /CarersFIRSTEssex
 hello@carersfirst.org.uk @Carers_FIRST
 www.carersfirst.org.uk @CarersFIRST

22nd – 24th November 2019, Residential Weekend at St Mark's College, Saffron Walden.

Carers FIRST
FIRST Choice for Carers
Supporting Carers in Essex

Residential Weekend for Young Adult Carers
(ages 18-24 years)

Friday 22nd - Sunday 24th November
Check in at 3pm Friday, Check out 11am Sunday

St Mark's College Residential and Youth Centre, Saffron Walden CB11 4JD
(www.stmarkscollege.co.uk/)

Free event

Find out what activities we'll be doing throughout the weekend and how to book!

Join us for a fun filled weekend, with activities such as;

- Archery
- Crafts
- Drumming Workshop
- Treasure Hunt

Limited places available, so book soon!
Help with transport is available, let us know when booking

Funded by Quilter Time to Find Me Fund

Contact Us

0300 303 1555 /CarersFIRSTEssex
 hello@carersfirst.org.uk @Carers_FIRST
 www.carersfirst.org.uk @CarersFIRST

National News

New course aims to help more young BAME women become charity trustees

The Beyond Suffrage programme is free for participants and is being run by the social enterprise Social Practice ENT

This is designed to help more young black, Asian and minority ethnic women to become charity trustees and is a 12-week trustee training scheme for women of colour aged 18 to 25.

Applications for the programme open on 7 October, and will be open to young BAME women who can demonstrate a strong interest in volunteering in the charity sector.



The first cohort of 12 women will be chosen in early December and begin the course in January, with training taking place in London.

Applications close on 9 December at 8am.

For more details and to apply go to: <https://www.socialpractice.co.uk/beyondsuffrage>

The Charity Commission - Reporting Charity Fraud and Working Together to Prevent It

In June the Charity Commission introduced a new online form to report serious incidents in your charity. This can now be used whenever you need to report a serious incident to the Charity Commission.

You can take vital steps to protect your charity from harm by also getting involved in this year's International Charity Fraud Awareness Week (Oct 21st – 25th). The Charity Commission is encouraging everyone in the sector to get involved to help fight fraud. You can:

- download the supporters pack from the Fraud Advisory Panel website
- register for the Fraud Awareness Hub which includes important resources such as factsheets, videos and question and answer sessions
- follow and engage with the campaign on Twitter using the hashtag #CharityFraudOut

<https://www.gov.uk/government/news/reporting-charity-fraud-and-working-together-to-prevent-it>

Vacancies

Advertise Jobs and Contracts Through Us!

This service is free to members of the BBWCVS. We can advertise the latest vacancies from our members to a wider audience, using our website, this bulletin and social media.

For non-members we charge £25 for charities, £50 for statutory or private sector employers. The advertisement will stay up until the expiry date and we will also tweet it to our faithful following and include it in our newsletters.

Send the details including a web link to admin@bbwcv.org.uk

VCS Event Diary/Calendar 2019

Date	Event	Contact / Book Event
Sat 19 Oct 10:00am - 1:00pm	Heart of Pitsea - Youth Market Challenge The Market Square Pitsea	No Booking Required
Mon 21 Oct 09:00am – 12 noon	Hearth of Pitsea - Community Health Market The Dipple Medical Centre, Wickford Avenue, Pitsea.	No Booking Required
Tue 19 Nov 10:00am – 12:30pm	BBWCVS Funding & Development Surgery	development@bbwcvcs.org.uk
Tue 3 Dec 10:00am – 1:00pm	BBWCVS Mental Health Forum George Hurd Centre, Basildon	http://bit.ly/CVSMentalHealthForum
Fri 13 Dec 06:45pm – 10:00pm	Heart of Pitsea - Christmas Cracker Quiz , The Basildon Upper Academy, Wickford Avenue, Pitsea SS13 3HL	http://bit.ly/HoPChristmasCrackerQuiz or by calling 07572 001671 or emailing admin@heartofpitsea.co.uk

Contact Us

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