



Welcome to the latest edition of the CVS electronic bulletin.

For more information on articles in this bulletin or to advertise an event, training or information about your organisation in our next bulletin, please call 01268 294125 or email [admin@bbwcvcs.org.uk](mailto:admin@bbwcvcs.org.uk)

**Follow us on Facebook and Twitter:**



**BBWCVS Facebook**



**BBWCVS Twitter**

## **CVS News**

### **Introducing New Funding and Development Services Manager at BBWCVS**

We are delighted to welcome to our team Pippa Foster. Pippa has arrived at the organisation with a wealth of experience having carried out a similar position with Castle Point CVS 10 years ago. In the meantime, she has worked for a number of local and national charities in fundraising, development and marketing and also have over 30 years' experience volunteering and fundraising for organisations. She now feels that she has come full circle back to the part of the Third Sector she enjoyed working in the most and looks forward to working with you in the future as we build great organisations together.

You are welcome to get in touch with any funding or developmental needs, big or small. Pippa works Tuesday, Wednesday and Thursday and over the next few months her plan is to implement some small group training on alternative fundraising opportunities, a monthly drop in surgery for those with funding queries, to contact groups offering health checks and of course organising the quarterly forums.

Please contact Pippa on 01268 294439 or via email [development@bbwcvcs.org.uk](mailto:development@bbwcvcs.org.uk)

### **FUNWALK**

Later in the year we will be working with the Fun Walk Trust to deliver the walk. This will be held at Barleylands on Sunday 8th September so hold the date. As with previous years, the aim of the 2019 Fun Walk is to raise money for charities and good causes (projects), in what will be a family-fun afternoon.

If your organisation would like to register for the Funwalk, contact [funwalk@hotmail.co.uk](mailto:funwalk@hotmail.co.uk) for an application form.

**South East  
LEP ESF  
Community Grants  
Workshop**

Wednesday 15th May  
2:00-3:30pm

The Advice Store  
Town Square  
Basildon  
SS14 1DU

Basildon, Billericay & Wickford | CVS

"Funding to help those furthest from the job market improve their skills and /or get into work or training."

To book  
<http://tiny.cc/LEPESFcommunitygrants>

European Union  
European  
Social Fund

## Free Legal Update on Health & Safety and Employment Rights

You are invited to join our event from 09:30am on Wednesday 15th May 2019, we will be joined by an expert HR and health & safety speaker from **Peninsula**.

Topics covered on the day will include:

- Staff behaviour – such as performance, attendance, attitude
- Contracts & handbooks – reviewing your documents of employment
- Dealing with – sick pay, maternity leave, harassment and discrimination
- Health & safety – risk assessments, fire & safety policies and procedures

During this upcoming event, you will discover the latest updates on the new “Good Work Plan” announced by the government on December 17th, which outlines details of the largest overhaul to employment rights for years and how these changes to legislation might affect our charity in the near future.

To book a place on the event follow this link: <https://bit.ly/2PJMvEb>

## Funding News

We are able to give funding advice and support on funding opportunities and approaches to fundraising. This includes:

**FREE** access to NCVO’s Funding Central identifying possible sources of funding.

- Developing and discussing funding strategies.
- Commenting on and helping with draft applications.
- Identifying and monitoring outcomes in a straightforward way.
- Exploring the best way of improving your organisation’s financial sustainability.
- Identifying other useful free funding search engines to assist you in your exploration for funding.

We offer this support either at face-to-face meetings, by phone and/or by email. We have good relationships with local funders and we can also help you review applications that have been unsuccessful or help clarify any issues or problems that crop up.

For further assistance please contact Pippa Foster on 01268 294439 or email [development@bbwcvcs.org.uk](mailto:development@bbwcvcs.org.uk)

### **Looking for funding? Look No Further!**

This year Tesco are providing larger grants of £25k, £15k and £10k through their Bags of Help Scheme. There are two planned rounds of funding with customers voting for their favourite projects in our stores during July/August and again in November/December.

In the first round they are looking specifically for charities or groups promoting health with priority going to those helping to tackle heart disease, cancer and diabetes. The second round of funding will have a broader community theme.

Bags of Help is administered on behalf of Tesco by community charity Groundwork UK and applications are now open via their website:

[www.groundwork.org.uk/Sites/tescocommunityscheme](http://www.groundwork.org.uk/Sites/tescocommunityscheme).

### **NEW Community Initiatives Fund Launched April 2019**

Essex Association of Local Councils (EALC) will manage this new Fund which will encompass ECC Community Initiatives Fund, Local Services Fund and Micro Grants.

Types of Funding Available:

- Capital or Revenue Grants up to £10,000
- Micro Grants up to £500

The CIF panel will comprise of members from different sectors. They will meet at the EALC offices in September 2019 and 4 meetings will take place back to back on that day. The meetings will be split into areas and each application will be assessed on merit, outcomes and how their initiatives will feed back into the ECC strategy aspirations.

Micro-grants of up to £500 are available throughout the year to enable community projects at a grass roots level to gain access to funds quickly and easily. Projects could include, purchasing a fridge for a food bank, organising a community clean up or planting/maintaining a community garden.

Pre Application Forms— **Close of Business 31st May**

Application Forms— Noon 18th August

NB: These dates do not apply for Micro-grant applications

More information all forms are available on the EALC website at

<http://www.ealc.gov.uk/community-initiative-fund/>

### **Co-op Local Community Fund**

The Co-op Local Community Fund helps pay for local projects that their members care about.

Every time our members shop at Co-op, 1% of what they spend on selected own-branded products and services goes to help fund community projects where they live.

They also give all money raised from shopping bag sales to our causes, to help even more. Further details can be found: <https://causes.coop.co.uk/>

## South East LEP Community Grants Programme

CXK are managing the South East LEP Community Grants programme.

Part funded by the European Social Fund, the South East LEP Community Grants programme offers grants between the values of £10k-£20k and are available within the South East LEP boundaries of Kent, Medway, Essex, Thurrock, Southend and East Sussex.



Community grants are intended to enable locally targeted support consistent with the challenges set out in the South East LEP Skills Strategy which are to:

- Develop the capacity of the community and to meet local needs.
- Undertake activities that promote social inclusion.
- Build employment and enterprise skills through the voluntary and community sector.
- Provide intensive support to help up-skill individuals and move towards and enter work.
- To engage those individuals who are the hardest to reach through innovative approaches.

Participants on grant funded activity MUST be:

- Aged 16 years and over and unemployed or inactive;
- Legally able to reside in the UK (and work in the UK) during the period of ESF funded support;
- Participants must live in the South East LEP area and all outcomes must occur within 28 days of the project ending.

ESF and South East LEP have a number of priorities and targets which the grant will need to address and the funding should support activities that help those furthest from the labour market and focus on the following priority groups:

- Participants over 50
- Participants who are women
- Participants with disabilities
- Participant from ethnic minorities

For the first round of funding the following groups can also be considered:

- Homeless individuals

The grants are available to third sector organisations of any size and small organisations from other sectors, to help those furthest from the job market improve their skills and/or get into work or training.

CXK are currently planning three funding rounds and applications for the first round of funding will close on **Friday 31st May**.

Interested organisations can find out more and request an application form at [www.cxk.org/community-grants](http://www.cxk.org/community-grants)

BBWCVS are holding a workshop on 15<sup>th</sup> May, details can be found via our events calendar at the back of this bulletin.

## Policies

### **“Duty to Care? How to ensure grant-making helps and doesn’t hinder”**

This month the Institute for Voluntary Action Research (IVAR) has published findings and recommendations of an ongoing study on grant-making processes. “Duty to Care? How to ensure grant-making helps and doesn’t hinder” follows on from research undertaken in 2012 which looked at grant making processes and the VCSE.

The latest findings highlight that despite the persistent and ongoing challenges that VCSE organisations operate against, they and funders are developing adaptable and innovative processes and relationships.

The report highlights that amongst some grant-makers there is “a desire to reduce the impact of their own processes on the organisations they wish to support”. It argues that universally, funders and grant-makers need to adopt easier processes, from application through to reporting in order to better support and work in a more collaborative way with the VCSE.

IVAR’s full report can be read and downloaded using this link: <http://bit.ly/2UE1O21>

## Local News and Events

### **Every Voice Matters: Exploring the experiences of people with physical disabilities**

Essex County Council (ECC) would like to explore the experiences, needs and aspirations of people with physical disabilities, and those involved in their lives.

They are working in partnership with Revealing Reality (an independent research organisation), to carry out research with a range of people with physical disabilities across Essex. They are seeking to hear from those who receive a care or support service from Essex County Council, those who may access support elsewhere, and those who may not receive any kind of formal support.

The purpose of this research is to help inform a new all-age strategy for people with physical disabilities in Essex, to support the development of care and support services which best meet people’s needs.

To complete the online survey, click on the link:  
<https://consultations.essex.gov.uk/rci/everyvoicematters/>

### **Safe in Essex**

The Family Innovation Fund will now be delivered county wide by The Children’s Society, Kids inspire and YMCA in partnership, they will be delivering the Young People’s Risky Behaviours elements and Kids Inspire and YMCA the Coaching and Mentoring provision.

Safe in Essex service is FREE and is an early intervention service which supports young people between the ages of 8-19 years who are displaying or engaging in risky behaviours, with a view to reduce/prevent further risky behaviours. The work can be tailored to suit the age groups and you can explore the following topics:

- Anger/emotion management including anxiety
- E-Safety including social media
- Self-Esteem

- Antisocial behaviour and Crime
- Healthy relationship and Friendships
- Drugs, Alcohol and smoking
- At risk of exploitation
- Gangs
- How to recognise potential risky situations

Further details are available via the website: <https://www.childrenssocietyeast.org.uk/safe-in-essex/>

## Parents 1<sup>st</sup> – Looking for New Office Space



Parents 1st is urgently looking for new office space. They are keen to be based in the neighbourhoods where they work from in the Basildon, Pitsea and Vange areas.

They require floor space of approximately 750sq ft and additional space if available for conversion into training and/or meeting room.

They welcome proposals for sharing premises with other community and voluntary organisations.

Please email [info@parents1st.org.uk](mailto:info@parents1st.org.uk) or call the Parents 1st office on 01268 525 758.

## PFCC Community Safety Hero Awards



Do you know somebody in your community who goes the extra mile to support vulnerable people, prevent crime and make their communities safer? If so, then why not nominate them for a Community Safety Award, organised by the Office of the Police, Fire and Crime Commissioner for Essex. The process is simple to complete with the winners recognised at the PFCC Annual Conference. This event takes place on Friday, June 7<sup>th</sup> at Colchester United Football Stadium.

The winner will receive £500 to go towards their work in the community and two runners' up or highly commended winners will also receive £300. There will also be a chance for the people of Essex to vote for the winner of a People's Choice category from a shortlist of entrants selected by the judging panel. The People's Choice winner will receive £100.

This year there is a new category for young people open to anybody aged up to and including 24-years-old. The winner of this award will receive £300 to go towards their work in the community.

To win an award, you have to demonstrate that the nominee is an exceptional person or group that have gone above and beyond to keep their community safe. They also have to have delivered a project or scheme that has improved the safety of those around them. Nominees can be volunteers or those who work in a professional capacity, delivering a service to the public to keep people safe, prevent crime and protect the most vulnerable people in our communities.

Full details of how to nominate are on the Essex PFCC website  
Find out more here: <https://www.essex.pfcc.police.uk/news/pfcc-community-safety-awards/>

The deadline for nominations is midnight on **Sunday, May 12<sup>th</sup>**.

## Carers Choices awarded £28,590 by BBC Children in Need

Carers Choices has been awarded a three-year grant of £28,590 by BBC Children in Need. This grant will fund weekly activities for young carers in Basildon and provide a place where they can build self-confidence and build positive relationships with peers and family members.



Carers Choices works towards helping young carers by providing support and advice by the project's experienced staff. Funds will go on to operate a regular service from the Basildon Youth Centre in Southernhay, where young carers can meet others in a similar situation.

BBC Children in Need relies on the generosity and creativity of the thousands of supporters and fundraisers who raise millions of pounds for the charity every year. To date the UK public has raised over £1 billion for children and young people facing disadvantage across the UK.

If you know a young person who would benefit from receiving support please contact Carers Choices on 01268 881130 or register via their website [www.carerschoices.org](http://www.carerschoices.org).

## Health & Social Care

### NHS Long Term Plan and what it means for VCSE organisations

NHS England have announced a forthcoming webinar event on the NHS Long Term Plan and what it means for VCSE organisations. The NHS Long Term Plan was published in January 2019, setting out the NHS' vision for improving health and care over the next 10 years.

Over the coming months, Sustainability and Transformation Partnerships (STPs) and Integrated Care Systems (ICSs) will be developing and implementing their own five year strategies to take forward the ambitions of the Plan in their areas. They are expected to engage with key stakeholders including the VCSE to determine what the Plan means for their areas and how services need to adapt and improve.

The webinar will be hosted by the VCSE Health and Wellbeing Alliance, and will bring together NHS England and the voluntary sector to give an update on the Long Term Plan and the opportunities for the VCSE sector.

The webinar will run on **Thursday 9<sup>th</sup> May from 1-2pm**, and you can register to join live or catch up later and hear about future webinars from the VCSE Health & Wellbeing Alliance using this link: <http://bit.ly/2PtdMdJ>. You can also find out more about the VCSE Health & Wellbeing Alliance here: <http://bit.ly/2KdtKVY>

## National News

### Who is your local #CommunityHero?

Every month Firesouls asks its friends in the public and VCS sector to nominate a [#CommunityHero](https://www.instagram.com/communityhero): a local community based organisation making a big difference and which could do with a little help.



Every month Firesouls gives a cash prize and shares a write up of your [#CommunityHero](https://www.instagram.com/communityhero) across its networks and via the [Friends of Firesouls](https://www.instagram.com/firesouls).

The prize draw takes place at the end of every month and will be announced @FiresoulsUK, [nominate your #CommunityHero now](#). Please note: we're afraid you can't nominate yourself!

Get in touch with [dan@firesouls.co.uk](mailto:dan@firesouls.co.uk) if you want more information. [Firesouls](#) make tools that drive innovation in, and get more resources to the public and community sectors.

### **New Youth Charter to support young people across the country**

A new Youth Charter will be developed to set out a vision for young people over the next generation and beyond, Mims Davies, Minister for Sport and Civil Society has announced.

The charter will reaffirm Government's commitment to give young people a strong voice on the issues they care about such as combating serious violence and knife crime, addressing mental and physical health challenges and concerns about the environment and climate change.

It will be developed over the coming months, with Government working alongside youth sector organisations and young people.

The charter will build on the existing support and range of innovative projects currently supporting young people across the country. This includes £90 million from dormant bank accounts that is being used to help some of the most disadvantaged young people into employment.

Read the full announcement [here](#)

### **Essex Alliance and the Essex Association of Local Councils**

Essex Alliance have launched an Essex-wide map that aims to show where all of the community resources across the county are. It's at [www.essexmap.co.uk](http://www.essexmap.co.uk)

The Essex Association of Local Councils are administering a community chest scheme (essentially a micro-grant off the back of the Community Initiatives Fund) where residents, community groups or voluntary sector groups can bid for £500 by submitting a brief application. This could make real difference to any community group who needs a cash injection for a new idea, or even just to survive. More details can be found at [www.ealc.gov.uk](http://www.ealc.gov.uk)

## **Vacancies**

### **Advertise Jobs and Contracts Through Us!**

This service is free to members of the BBWCVS. We can advertise the latest vacancies from our members to a wider audience, using our website, this bulletin and social media.

For non-members we charge £25 for charities, £50 for statutory or private sector employers. The advertisement will stay up until the expiry date and we will also tweet it to our faithful following and include it in our newsletters.

Send the details including a weblink to [admin@bbwcvcs.org.uk](mailto:admin@bbwcvcs.org.uk)

## Would You Like to Train as a Specialist Couples Counsellor With Relate?

Relate are actively seeking placements at their centres in both Southend and Basildon, Essex. Please refer to the Relate website to establish which course would be most suitable for you. The site also explains where the courses are being held, content and expectations. Once qualified as a specialist couples counsellor you can apply to Relate for paid positions.



<https://www.relate.org.uk/about-us/work-us/train-be-counsellor/relational-training>

They are looking for placements who can offer a minimum of twelve hours per week to include at least two evenings per week/Saturdays to meet the needs of our clients. Have a look at the website [www.relatesouthessex.co.uk](http://www.relatesouthessex.co.uk) or [www.facebook.com RelateSouthEssex](https://www.facebook.com/RelateSouthEssex)

Please send your CV which needs to include where you studied for your Counselling qualifications and who accredited the courses. Please confirm how many actual delivery hours you have undertaken in the past two years.

Email to Kim Salway, Chief Executive [kim@relatase.plus.com](mailto:kim@relatase.plus.com)

**Closing date 30<sup>th</sup> June 2019**

## Couples Counsellors, Family Counsellors and Young Person's Counsellors at Relate

Relate are also looking for Couples Counsellors, Family Counsellors and Young Person's Counsellors. If you have previously worked for Relate or your experience and qualifications can satisfy our criteria (please refer to <https://www.relate.org.uk/about-us/work-us/train-be-counsellor/apel-accreditation-prior-experience-learning>), they would like to hear from you.

- Working for a nationally recognised specialist service with an excellent reputation
- A dedicated appointments team who manage your workload
- Working in a friendly, welcoming environment with plenty of peer support
- Free high quality clinical supervision
- Free access to Case Supervision Groups
- Access to tailored CPD courses
- Free access to a national practice helpline for emergency consultations
- Full professional indemnity cover
- Strategic partnership with BACP
- Competitive pay and terms discussed at interview and based on qualifications and experience
- Free parking
- As an equal opportunities employer they welcome applicants from all sections of the community regardless of gender, ethnicity, disability, sexual orientation and transgender status.

Demand is high in the evenings so they would ask you to offer a minimum of eight hours per week to include two evenings/or Saturday. Our website can be found under [www.relatesouthessex.co.uk](http://www.relatesouthessex.co.uk)

Please send your CV (please include where you studied for your Counselling qualifications, who accredited the courses and number of hours delivered in the past two years) along with a covering letter explaining why you wish to join Relate South Essex as a Counsellor to Kim Salway, CEO at [kim@relatase.plus.com](mailto:kim@relatase.plus.com) **Closing date 30 May 2019.**

## Training

### Attwood on High Functioning Autism- Professor Tony Attwood

Friday 17<sup>th</sup> May 2019

Holiday Inn Basildon

SNAP is very excited to welcome back internationally renowned clinical psychologist Professor Tony Attwood over from Australia to present two seminars on autism. Tony will be speaking in the UK just a handful of times this year, and they are incredibly lucky he accepted the invitation to come back to Essex. SNAP will be holding the seminars at the Holiday Inn Basildon at the Festival Leisure Park to give them more seating capacity.



Special Needs  
And Parents

There are already have limited places so please book early to avoid disappointment, this event will sell out.

9.30am - 12.30pm

Special Interests: The origins of the special interests and the use and misuse of the interest  
This presentation outlines the developmental sequence and the reasons why specific interests occur as part of the overall profile of high functioning autism. Tony will discuss strategies to make constructive use of the interest, including ways it can help reduce anxiety as well as boost self-esteem.

He will also look at ways to reduce the dominance of a specific interest in the person's daily life should it become too restrictive. The perspective of parents, teachers and the person with high functioning autism are explored.

Ticket Price: £60 per professional

1.30pm - 4.30pm

Adolescent issues for teenagers with high functioning autism.  
The presentation focuses on issues faced by teenagers with high functioning autism, which range from the physical aspects of puberty to changes in friendship, the development of sexuality, the change in academic expectations, emotion management, issues regarding self-esteem, and preparation for college and employment.

Ticket Price: £60 per professional

You are more than welcome to book on both sessions, but please book each one individually.

Click on this link or alternatively please copy into your internet browser:

<https://www.eventbrite.co.uk/e/attwood-on-high-functioning-autism-tickets-56797300254>

## VCS Event Diary/Calendar 2019

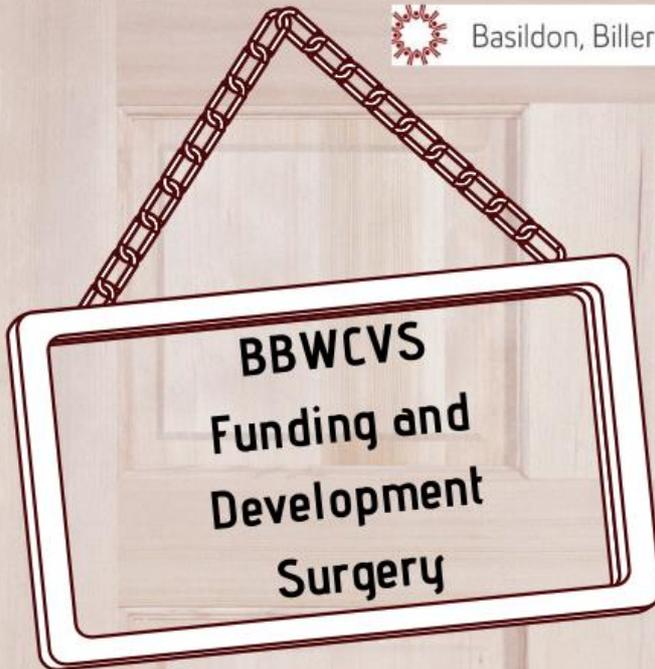
Date	Event	Contact / Book Event
<b>Wed 15 May</b> 9:30am – 1:30pm	Free Legal Update on Health & Safety and Employment Rights The George Hurd Centre, Audley Way, Basildon. SS14 2FL	<a href="https://www.eventbrite.co.uk/e/employment-law-hr-and-health-and-safety-are-you-up-to-date-tickets-61046900924?utm_term=eventurl_text">https://www.eventbrite.co.uk/e/employment-law-hr-and-health-and-safety-are-you-up-to-date-tickets-61046900924?utm_term=eventurl_text</a>
<b>Wed 15 May</b> 2:00pm – 3:30pm	South East LEP ESF Community Grants Workshop The Advice Store, Town Square, Basildon. SS14 1DU	<a href="https://www.eventbrite.com/e/south-east-lep-esf-community-grants-workshop-tickets-61103106035">https://www.eventbrite.com/e/south-east-lep-esf-community-grants-workshop-tickets-61103106035</a>
<b>Tue 21 May</b> 10:00am - 12:30pm	BBWCVS Funding & Development Surgery	<a href="mailto:development@bbwcvcs.org.uk">development@bbwcvcs.org.uk</a>
<b>Tue 11 Jun &amp; 18 Jun</b> 9:30am – 4:30pm	Mental Health First Aid	<a href="https://interactchelmsford.wufoo.com/forms/scl7qet10xv488/">https://interactchelmsford.wufoo.com/forms/scl7qet10xv488/</a>
<b>Tue 25 Jun</b> 10:00am - 12:30pm	BBWCVS Funding & Development Surgery	<a href="mailto:development@bbwcvcs.org.uk">development@bbwcvcs.org.uk</a>
<b>Tue 23 Jul</b> 10:00am - 12:30pm	BBWCVS Funding & Development Surgery	<a href="mailto:development@bbwcvcs.org.uk">development@bbwcvcs.org.uk</a>
<b>Sun 8 Sep</b> noon – 4:00pm	The Fun Walk Trust Barleylands Road, Billericay. CM11 2UD	<a href="mailto:funwalk@hotmail.co.uk">funwalk@hotmail.co.uk</a>
<b>Tue 17 Sep</b> 10:00am - 12:30pm	BBWCVS Funding & Development Surgery	<a href="mailto:development@bbwcvcs.org.uk">development@bbwcvcs.org.uk</a>
<b>Tue 29 Oct</b> 10:00am - 12:30pm	BBWCVS Funding & Development Surgery	<a href="mailto:development@bbwcvcs.org.uk">development@bbwcvcs.org.uk</a>
<b>Tue 19 Nov</b> 10:00am - 12:30pm	BBWCVS Funding & Development Surgery	<a href="mailto:development@bbwcvcs.org.uk">development@bbwcvcs.org.uk</a>

### Contact Us

For more information on the articles in this bulletin or to advertise an event, training or information about your organisation in our next bulletin, please call 01268 294125 or email [admin@bbwcvcs.org.uk](mailto:admin@bbwcvcs.org.uk)



Basildon, Billericay & Wickford | CVS



10.00am  
to  
12.30pm

21st May  
25th June  
23rd July  
17th September  
29th October  
19th November

A 30 minute  
consultation to  
discuss any  
Funding or  
Development needs  
your organisation  
may have

To book an appointment  
[development@bbwcv.org.uk](mailto:development@bbwcv.org.uk)