



Welcome to the latest edition of the CVS electronic bulletin.

For more information on articles in this bulletin or to advertise an event, training or information about your organisation in our next bulletin, please call 01268 294125 or email admin@bbwcvcs.org.uk

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CVS News

CVS Development and Funding Officer

We are seeking to recruit a funding and development services officer to develop a robust, thriving third sector by building effective networks, partnerships and forums, and assisting with funding development to achieve long term sustainability. The post includes responsibility for the coordination of four network meetings and the provision of training, direct support and funding advice.

The closing date for this post is **Monday 28 January at 4.30pm**. Shortlisted candidates will be required to attend a local interview in the week commencing 4th February.

This is a permanent contract but the post is subject to satisfactory completion of probation.

Salary: SO1 (scp 29-31) £26,470-£28,221 pro rata.

Hours: 21 hours per week

For further information please see our website: <http://www.bbwcvcs.org.uk/about/vacancies/>

Funding News

We are able to give funding advice and support on funding opportunities and approaches to fundraising. This includes:

FREE access to NCVO's Funding Central identifying possible sources of funding.

- Developing and discussing funding strategies.
- Commenting on and helping with draft applications.
- Identifying and monitoring outcomes in a straightforward way.
- Exploring the best way of improving your organisation's financial sustainability.
- Identifying other useful free funding search engines to assist you in your exploration for funding.

We offer this support either at face-to-face meetings, by phone and/or by email. We have good relationships with local funders and we can also help you review applications that have been unsuccessful or help clarify any issues or problems that crop up.

For further assistance please contact Chris Evans on 01268 294781 or email chris@bbwcvs.org.uk

People's Health Trust



Local groups and organisations with great ideas to make their communities even better places to live are now invited to apply for funding to turn their ideas into reality.

Active Communities is a funding programme for community groups and not-for-profit organisations, with an income of less than £350,000 a year or an average of £350,000 over two years.

It's for projects seeking investment of between £5,000 and £50,000 for projects lasting up to two years. They're looking for small and local projects, genuinely designed and run by local people. By small, we mean just a small group of people on an estate, in a few streets or villages.

They are also looking for great ideas from communities of interest. By this they mean a group of people who have things in common and wish to come together to address something that is important to them. These ideas could be based in one neighbourhood, or cover a wider area but they must live close enough to each other to meet up regularly. Using money raised through The Health Lottery, People's Health Trust has opened Active Communities in the following areas:

- Health Lottery East - Active Communities is open in parts of Essex, Norfolk and Suffolk. The application deadline is **Wednesday 6 February 2019 at 1pm**.

They run a two stage application process that begins with an online form. There's step by step guidance to help you along the way but if you need any support, please call us on 020 7749 9100. To find out more, click [here](#).

The Royal Horticultural Society

The Royal Horticultural Society is offering support to local community groups to transform a disused area into a wildlife habitat and/or space to benefit the environment.

The Royal Horticultural Society: Is there a neglected space in your community that you'd love to transform into a green oasis for people and the planet? Do you have a community garden idea that could bridge the generation gap? RHS is offering expert hands-on support, plus up to £500 worth of plants and materials to help make your idea a reality. Find out more and apply: www.rhs.org.uk/get-involved/community-gardening/news/articles/ggb-with-communities. **Deadline is 28 February 2019.**

Please note: There are some restrictions on those who can apply, but further details are on the website

UK Power Networks Power Partners

Grants are available to not-for-profit organisations and community groups in the South East, East of England and London for initiatives that combat fuel poverty, improve the energy efficiency of community spaces or support people in vulnerable circumstances with their energy use.

There is a total funding pot of £300,000.
Grants of between £2,000 and £20,000 are available.
Application deadline of 18 February 2019 (6pm).

The funding is for projects that deliver outcomes in the following two categories:

- Income maximisation for vulnerable households through face-to-face energy efficiency advice, including tariff switching and time of use tariff awareness; new registrations for the Priority Service Register; provision of energy advice training and support for frontline workers.
- CO2 and financial savings and energy efficiency improvements for popular community spaces achieved through the installation of insulation, low-energy lighting and appliances, heating upgrades or renewable technologies.

Applications will need to show how funding will deliver new activity, particularly where this does the following:

- Supports hard-to-reach or seldom-heard communities.
- Supports people in vulnerable circumstances or living on a low income.
- Supports people living in areas with high levels of deprivation within the UK Power Networks area (London, South East and East of England).
- Could be replicated or scaled up.
- Could be recognised as best practice or innovative.
- Helps to reduce energy demand.
- Supports low carbon technologies.

All funded activity and reporting must be completed within 12 months of a grant award.

Full details are provided within the fund's guidelines which can be found on the CSE [website](#).

Esmee Fairbairn Foundation - Main Fund

In 2015 Esmee Fairburn spent £33m in grants and committed £6m in social investments to 307 organisations doing legally charitable work in the UK across the arts, children and young people, environment, food and social change sectors.

Their grants support organisations core or project costs, including staff salaries and overheads. They do not fund building or equipment costs, or individuals. 2015 grants ranged from £5k to £1.5m (median average £100,000), with support lasting 1 - 5 years (45% 3 years).

Funding so widely creates a lot of competition. In 2010 they received around 2900 eligible applications to the Main Fund and made 270 grants totalling £21.4m. The average grant size was £79,000.

To ensure that they can respond to so many requests, the application process is in two stages.

Applications receive a receipt of the first stage application within a week of receiving it and email you within a month to say whether they would like to take it to a second stage or decline to support it. If they invite you to proceed to the second stage, they may ask you for additional information in order to clarify and expand on what you have already told them.

Further details on types of projects funded and exclusions are available from the website.

Application Form: Apply in writing with an outline proposal. Guidance is available to download from the website.

Deadline: Applications can be submitted at any time.

Contact: Esmee Fairbairn Foundation, Kings Place, 90, York Way, London N1 9AG

Website: <http://esmeefairbairn.org.uk/apply-for-funding/>

Training

CAP Money: Course

A free course to help you manage your money better and learn how to budget, save and spend well.

Kingswood Baptist Church, Thursday 21st February 2019 7:30pm – 9:30pm

Register at www.capmoneycourse.org

Inclusive Communication Essex

The annual Sharing Day is all about communication. Professionals from a range of fields come together with parents and carers to share ideas, stories and experiences with the aim of improving someone's life.



This year, a variety of activities, including [virtual dementia tour](#) and the [virtual autism bus](#), will offer guests the opportunity to see, hear, feel and learn.

You will be among the first to hear [Andrew Whitehouse's](#) new talks; Using Visual Communication to Promote Positive Behaviour in EYFS, in through the eyes and out through the mouth: a positive approach to effective communication and ADHD, Feeding the friendly beast; using obsessions and special interests to get children talking.

Tobin Broadbent and Henrietta Ireland from [Cued Speech UK](#) will also give a talk to [introduce cued speech and how it can support effective communication.](#)

There will also be table top workshops to find out more about social stories, Makaton, TACPAC along with practical applications at home for Alexa.

The ICE team will be available throughout the day to demonstrate the resources, give advice and share success stories.

There will also be a variety of stand where you will be able to experience some of the latest innovation in Assistive and Augmentative Communication (AAC) aids.

Find them at Hylands House, Chelmsford on Tuesday 12th March from 9am to 4pm.

The Sharing Day is **Free** to attend, but they do ask you to book your place.

Click the link to book your place now. [Book Here](#)

Digital News

Are You Recruiting Digital Trustees to Your Board?

Reach Volunteering has a great collection of free resources available on its website to help you recruit digital trustees. From helping to identify what digital trustees can bring to a charity board, to exploring the strategic role of digital trustees and some practical tips for the recruitment process, [you can find it all here](#).



Keeping Your Smartphones (and Tablets) Safe

5 quick tips that can help keep your mobile devices (and the information stored on them) secure.

Mobile technology is now an essential part of modern business, with more of our data being stored on tablets and smartphones. What's more, these devices are now as powerful as traditional computers, and because they often leave the safety of the office (and home), they need even more protection than 'desktop' equipment.

With this in mind, here are 5 quick tips that can help keep your mobile devices (and the information stored on them) secure.

Tip 1: Switch on password protection

Tip 2: Make sure lost or stolen devices can be tracked, locked or wiped

Tip 3: Keep your device up to date

Tip 4: Keep your apps up to date

Tip 5: Don't connect to unknown Wi-Fi Hotspots



For further details about the 5 tips, click on the link:

<https://www.ncsc.gov.uk/guidance/keeping-your-smartphones-and-tablets-safe>

Local News and Events

Forget Me Not Café

Every other Thursday at Billericay Town Council Office
The next session is 24th January.
See flyer for more details:



Forget me not
cafe.pdf

Heart of Pitsea supporting the
Dipple Patient Participation Group

**COMMUNITY
HEALTH
MARKET**

THE DIPPLE MEDICAL CENTRE
Monday 11 February
9.00am-12.00noon

Information help and advice from a host of local organisations
FREE to attend - everyone welcome
(not just Dipple Patients)

Wickford Avenue Pitsea SS13 3HQ

Postermywall.com

@heartofpitsea

New Day Centre for Young Onset Dementia Support



The refurbishment work at the new specialist day centre for young onset dementia in Timberlog Lane, Basildon is now complete creating a fantastic facility with sensory room, sensory garden and art studio.

At Peaceful Place, they operate a day centre for people under the age of 70-years old. Members are between the ages of 40 and 70 and they have been providing specialist care for over 22 years.

The new central location enables them to reach a much wider area, supporting those living in Basildon, Brentwood, Billericay, Thurrock, Wickford, Rayleigh, Southend, Castle Point and Rochford. They accept referrals from medical professionals, social services and self-referral from individuals who have received a dementia diagnosis.

Their focus is on person-centred care offering stimulating activities in a safe, friendly environment, enabling members to continue to live life to the full, whilst their carers benefit from often much needed respite. They offer a wide range of recreational activities such as arts and crafts, modelling, games and quizzes, live music, singing, dancing and keep fit. They have guest speakers, cooking and baking, life story and reminiscence work, yoga, relaxation therapy using our state of the art sensory room and hand massage. They also take members on days out to local places of interest.

The professional staff are fully trained and they have a high ratio of support workers to members. The day centre is open Monday to Friday. They also provide a door to door minibus service to collect members and drop them home at the end of their stay with them and a freshly prepared meal at lunchtime. The advocacy service provides assistance to members and their families and they organise carers support groups twice a month. The day centre also serves as a community hub for other charities and organisations to use for meetings, training and events. For further information about the service or booking enquiries, please call 01702 546476 or email info@peacefulplace.co.uk.

National News

Brexit Briefing Paper from NAVCA

NAVCA have produced a Brexit Briefing paper which sets out some of the possible implications that the UK's exit from the EU could have on VCSE organisations and on life in general in the UK.

The briefing looks at the impact of a no-deal Brexit, and the effect of leaving the EU on the economy, public services and VCSE organisations. Within the piece there are also lots of links to relevant to further information, news articles, research and policy on Brexit.



JANUARY 2019 -
Brexit Briefing (final)

Time to Talk Day Thursday 7 February 2019

This year's Time to Talk Day is all about bringing together the right ingredients, to have a conversation about mental health. Whether that's tea, biscuits and close friends or a room full of people challenging mental health stigma, we want you to get talking. Having conversations about mental health helps break down stereotypes, improve relationships, aid

recovery and take the stigma out of something that affects us all. There are lots of different ways to have a conversation about mental health. And you don't have to be an expert to talk. However you do it, make sure you have a conversation about mental health this Time to Talk Day. [More information.](#)

VCS Event Diary/Calendar 2019

Date	Event	Contact / Availability
Tue 29 Jan 9:30am – 12:30pm	Making Every Contact Count	PLACES AVAILABLE admin@bbwcvcs.org.uk
Mon 11 Feb 9:00am – 12:00pm	Community Health Market The Dipple Medical Centre Wickford Avenue, Pitsea SS13 3HQ	admin@heartofpitsea.co.uk
Thu 05 Mar & 12 Mar 9:30am – 4:30pm	Mental Health First Aid	PLACES AVAILABLE admin@bbwcvcs.org.uk
Tue 26 Mar 9:30am – 12:30pm	2019 Network Forums The George Hurd Centre, Audley Way, Basildon. SS14 2FL	admin@bbwcvcs.org.uk
Thu 23 Apr & 30 Apr 9:30am – 4:30pm	Mental Health First Aid	PLACES AVAILABLE admin@bbwcvcs.org.uk

Contact Us

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