



Welcome to the latest edition of the CVS electronic bulletin.

For more information on articles in this bulletin or to advertise an event, training or information about your organisation in our next bulletin, please call 01268 294125 or email admin@bbwcvcs.org.uk

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CVS News

Dear Members, Partners and Friends,

BBWCVS Annual General Meeting – Thursday 15 November 2018 at 2 pm-3pm

On behalf of the Trustees, we would like to invite you to our Annual General Meeting. This is being held at the George Hurd Centre, Audley Way, Basildon, SS14 S2L

We welcome new applications for positions on the Trustee Board. If you would like to stand for election to the Board of Trustees, please let us know and we will advise you of the recruitment process. Should nominations exceed vacancies election shall be by ballot.

Please confirm your attendance by email to admin@bbwcvcs.org.uk or by telephone to 01268 294125 by noon on Friday 9 November to allow us to make arrangements for refreshments.

For anyone unable to attend, a copy of the Annual Report will be sent to you upon request.

If you have any questions please don't hesitate to contact us.

Christmas Appeal

Is your organisation planning Christmas or Winter activities for vulnerable people? If you are, then we would like to speak to you.



We could help with publicising the event via this bulletin and social media.

Help to find volunteers for your activity via www.volunteerssex.org.

We may also be able to help support your activity with funding.

Please contact admin@bbwcvcs.org.uk

Funding News

We are able to give funding advice and support on funding opportunities and approaches to fundraising. This includes:

FREE access to NCVO's Funding Central identifying possible sources of funding.

- Developing and discussing funding strategies.
- Commenting on and helping with draft applications.
- Identifying and monitoring outcomes in a straightforward way.
- Exploring the best way of improving your organisation's financial sustainability.
- Identifying other useful free funding search engines to assist you in your exploration for funding.

We offer this support either at face-to-face meetings, by phone and/or by email. We have good relationships with local funders and we can also help you review applications that have been unsuccessful or help clarify any issues or problems that crop up.

For further assistance please contact Catherine Sackey on 01268 294439 or email catherine@bbwcvcs.org.uk

High Sheriff Invites Funding Applications

Local charities and voluntary organisations are encouraged to apply for funding from the High Sheriff of Essex Awards Scheme.

Grants of up to £5,000 are available from the High Sheriffs' Fund, which is managed by Essex Community Foundation (ECF), and the money will be awarded to groups that are working to make their communities safer and better places in which to live.

Projects that have received grants previously include a handyman service for housebound and vulnerable people living in Epping Forest District, construction skills training in Chelmsford for disadvantaged teenagers and a mentoring programme in Clacton for boys who do not have a positive male role model in their lives.

The deadline date for applications is **1st December**, so now is the time for organisations to apply for a grant to support their work.

An independent panel of judges, chaired by the High Sheriff and including past High Sheriffs, will review the applications and the awards will be presented by the High Sheriff at a ceremony to be held at Hylands House in March 2019.

The historic role of a High Sheriff is to promote law and order and it also now encompasses giving recognition and reward to those who help promote the safety and quality of life of all those that live in Essex.

The closing date for grant applications for the High Sheriffs' Fund is 1 December 2018. To apply visit www.essexcommunityfoundation.org.uk or call the ECF grants team on 01245 356018.

Training

Making Every Contact Count Training



Basildon, Billericay
& Wickford | CVS

In partnership with PROVIDE are pleased to be offering **Making Every Contact Count Training** to all professionals and volunteers.

MECC training is suitable for health professionals or anyone with service user facing occupations who can offer health and wellbeing advice and signposting.

Learning Outcomes:

- To have an awareness of the effects poor lifestyle choices can have on health
- To have an understanding of behaviour, conditioning and learning theory
- To enable delivery of brief intervention to patients, carers and staff on health and wellbeing issues (Ask, Advise, Act)
- To know how to refer service users into Essex Lifestyle service
- To be aware of Health & Wellbeing Services available in Essex

| Date | Morning session | Afternoon session |
|--|--------------------------|------------------------|
| Tuesday 20 th November 2018 | 10.30am – 12.30pm | No session |
| Tuesday 27 th November 2018 | 10.30am – 12.30pm | No session |
| Tuesday 29 th January 2019 | 9.30am – 12.30pm | 1.30pm – 4.30pm |
| Tuesday 12 th February 2019 | 9.30am – 12.30pm | 1.30pm – 4.30pm |
| Tuesday 26 th February 2019 | 9.30am – 12.30pm | 1.30pm – 4.30pm |
| Tuesday 26 th March 2019 | 9.30am – 12.30pm | 1.30pm – 4.30pm |
| Tuesday 2 nd April 2019 | 9.30am – 12.30pm | 1.30pm – 4.30pm |

**All courses will be held at:
The George Hurd Centre, 2 Audley Way, SS14 2FL**

To book a place please email: admin@bbwcvcs.org.uk

Free Workplace Support workshops for Basildon Organisations – November 27th

BBWCVS and Employ-Ability are pleased to invite you to a free Workplace Support workshop. The workshops are funded by Essex Community Foundation.



The workshop will enable:

- An understanding of preventing poor mental health in the workplace
- Getting to grips with the latest thinking, trends and longer-term expectations of workplace mental health
- Building your capacity and introducing you to the ongoing support Employ-Ability can provide to your organisation through its Thriving Third Sector Fund award.

Who can attend?

The workshops are open to voluntary and community organisations based in Basildon and targeted toward:

- Small and medium sized voluntary and community sector organisations
- Leaders, including trustees and managers of voluntary community organisations with smaller workforce and limited HR
- Staff with responsibility for volunteer wellbeing and support
- Organisations dealing with high levels of stress in the area of vulnerable adults, children and/or young people or where service users may be directly involved in delivery.

The two sessions will be held at The George Hurd Centre, Audley Way, SS14 2FL

Session 1: 9.30am – 12.00noon

Session 2: 1.00pm – 3.30pm

To book: <https://www.eventbrite.co.uk/e/free-workplace-support-workshops-for-organisations-based-in-basildon-tickets-51011400472>

Employ-Ability is an Essex charity that supports people with enduring mental health problems, to get into or stay in work. We do this by providing an intensive Individual Placement and Support Service for those receiving secondary mental health care. For further information www.employ-ability.info

Vacancies

Basildon Emergency Night Shelter (BENS)

Project Assistant Role

We are recruiting for the position of the BENS project assistant. The aim of the post will be to provide support to the Shelter project coordinator by helping to ensure the smooth running of the shelters. As this is the projects third year, you will inherit established venues with a history of delivery, a collection of procedural documents based on good practice, and a supportive project steering group.

This winter we will be working with seven venues to provide shelter provision in the Basildon area. The scheme will run from 11 November 2018 until 31 March 2019.

We expect you to be a visible at all shelters for mornings and some evenings during the first week and regularly thereafter according to venue needs.

In delivering this provision, you will need to build upon our strong relationships with the venues particularly with night shift Team Leaders.

- [BENS Project Assistant JD-PS](#)
- [BENS Project Assistant Briefing Note1](#)
- [BENS EOP Monitoring Form](#)
- [BENS Project Assistant Application Form](#)

Night Shift Leader/Support Worker(s) – Job Vacancy (5 nights per week (*waking night*)).

The Basildon Emergency Night Shelter project requires a night shift/support worker to join our team of dedicated volunteer staff to support our Winter Night Shelter programme.

The role will include weekend working. The project may include working at a number of different locations Basildon including The United Reformed Church, Trinity Methodist Church, Kingswood Baptist Church, Swan Mead Christian Fellowship, Salvation Army.

Whilst delivery times may be subject to change, you will be required to work core hours from 11pm-7am. We anticipate a pool of successful applicants ensuring that the duties are shared. If interested in providing limited coverage can you please indicate your shift availability?

Please note that the positions are temporary and will commence on 11 November until 31 March 2019. All appointments will be subject to a DBS check. Remuneration will be paid at £10 per hour.

- [BENS Night Shift Person Awake JD-PS1](#)
- [BENS Person Awake Application Form](#)
- BENS EOP Monitoring Form (as above)

Please note that the completed application should be returned to admin@bbwcvcs.org.uk by Monday 22 October at 12 a.m. Applications can also be returned by hand to BBWCVS at the George Hurd Centre.

Please also note that the positions are temporary. The successful applicant will be subject to a DBS check. For further information please email admin@bbwcvcs.org.uk

Local News and Events

Heart of Pitsea Community Christmas Event



HoP are inviting charities and community organisations to host a FREE stall at the annual Pitsea Community Christmas event scheduled for Saturday 1 December, 10am-4pm. They are also looking for any clubs or organisations that might like to showcase their activities in their new arena display area.

Last year's event was a huge success and this year they are hoping to make it even bigger by including:

- Arena area with PA for displays, dancing, martial arts, school choirs etc
- Fairground
- Food stalls like Hog Roast and Christmas food
- Community stalls
- Heart of Pitsea Youth Market Challenge (like The Apprentice) 3 x stalls
- A stage with musical entertainment
- TSB Santa's grotto
- Children's activities in Pitsea Library

Community stalls are free of charge and will be undercover within a marquee – Organisations just need to supply a table and chairs (however Heart of Pitsea may be able to help with a table). This is a fantastic opportunity to engage with the public and organisations are welcome to run a fund raising activity i.e a raffle, tombola, face painting etc from their stall.

Capacity is limited and availability is on a first come first served basis.

If you know of any organisations that might be interested in taking up a stall or displaying their activities in our arena, please contact admin@heartofpitsea.co.uk

HAPPY Hub

Community Wellness Space

- ♥ **Mental Health Support**
- ♥ **Wellness Workshops**
- ♥ **Positive Activities**
- ♥ **Empowerment**
- ♥ **Volunteering**
- ♥ **Mindfulness**
- ♥ **Fitness**

**Motivated Minds is your complete life-long
health & wellbeing provider**

For more information please contact

07846 209 846



www.motivated-minds.co.uk

VCS Event Diary/Calendar 2018

| Date | Event | Contact |
|--|---|--|
| Sat 20 Oct 11am – 9pm | Peerfest, hosted by Thurrock Mind The Backstage Centre, Vellacott Close, High House Production Park, Purfleet RM19 1RJ |  Peerfest Final.pdf 01375 391411 peerfest@mind.org.uk |
| Sat 27 Oct From 7pm | Heart of Pitsea Soul Party The Place, Pitsea Leisure Centre SS13 3DU | admin@heartofpitsea.co.uk |
| Tue 30 Oct 10am - 12:30pm | Basildon Community Tree Launch The George Hurd Centre, Audley Way, Basildon. SS14 2FL | 01268 294125 admin@bbwcv.org.uk |
| Tue 30 Oct 9:30am – 4:30pm | St Luke's Hospice. Using Creativity in Working with Children's Loss and Bereavement St. Luke's Hospice, Nethermaye, Basildon, Essex, SS16 5NJ |  Children Loss Study Day 2018.pdf education@stlukeshospice.co.uk |
| Tues 4 Dec 9:30am - 12:30pm | 2018 Network Forums The George Hurd Centre, Audley Way, Basildon. SS14 2FL | 01268 294439 catherine@bbwcv.org.uk |

Contact Us:

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