



Welcome to the latest edition of the CVS electronic bulletin. In the issue we highlight funding opportunities, forthcoming training and local events.

For more information on articles in this bulletin or to advertise an event, training or information about your organisation in our next bulletin, please call 01268 294124 or email [admin@bbwcvcs.org.uk](mailto:admin@bbwcvcs.org.uk)

## **CVS Events**

### **BBWCVS and Basildon Council Partnership Event**

We were currently considering a theme for a forthcoming conference in Partnership with Basildon Council. Options under consideration include:

1. Funding for today and tomorrow – The changing landscape.

Less grants more commissioning, more cross borough sub regional and regional focus, outcome lead with workshops under consideration including:

- Crowdfunding
- Business
- Philanthropy
- Role of social media in fundraising

2. Collaboration and Partnerships: Together for a purpose!

The overarching aim is to share perspectives and build knowledge to enhance collaborative practices in Basildon but also sub regionally – both within and beyond the VCS. Possible audience from the local VCS, public and private sectors, including a range of VCOs from very small local groups to county/regional branches of national organisations. The event will explore:

- Where is the third sector headed?
- How do we work with other sectors?
- What can we do to develop our leaders?

We are currently undertaking a poll which can be found on the CVS twitter account where you can have your say. But if you have any other ideas, please let us know by contacting either [chris@bbwcvcs.org.uk](mailto:chris@bbwcvcs.org.uk) or Billy Crossman at [William.Crossman@basildon.gov.uk](mailto:William.Crossman@basildon.gov.uk)

### **BBWCVS Forum:**

#### **Becoming a Social Enterprise Wed 13 Sept 2017 09:30 – 12:30**

We are pleased to invite you to the next BBWCVS Forum, which will feature Brighter Opportunities through Supported Play (BOSP) and their journey of setting up a social enterprise.

Trading is a great way to build independence and sustainability in your organisation. Many charities and not for profit organisations are setting up as social enterprises because of the flexibility and freedom of being able to trade commercially whilst still fulfilling social aims, diversifying income and moving away from grants and donations dependency.

*BOSP* is a charity and has supported families for over 26 years by providing short breaks for children and young people who have complex disabilities or life-limiting conditions. *BOSP* has recently set up a trading arm and they are going to share the highlights of this journey with you.

The forum will include the usual updates, information exchanges and reports.

Room 2 The Basildon Centre  
St Martin's Square  
Basildon  
SS14 1DL

[View Map](#)

To register your attendance please click on the attached <http://bit.ly/2vEPuXA>

**Increasing volunteering in Pitsea:  
Campaign Workshop Wednesday 13 September 2.30-4.30**

Do you provide a service in Pitsea, are Pitsea based and are seeking volunteers, then we would like to invite you to a meeting to discuss and help shape the campaign to find the best people to volunteer for you. Supported by the Campaign Company, Essex County Council and Basildon Council

At the meeting, you will help shape some of the key messages we will be promoting. We also need to:

- Understand what volunteering opportunities exist so that an 'ask' can be developed and communications materials finalised
- identify which Pitsea organisations would want to be involved so that we can develop a tailored communications plan
- consider the role of these volunteers and who the best people are to do this role
- identify measures of success so that an evaluation can take place that will show the benefits to individuals, to Pitsea, and to partners
- In order to assist with event planning we would ask you to register by clicking on the attached link. You may also be contacted by the Campaign Company to discuss your needs.

Specific Requirements – As a service we are committed to taking positive steps to understand and respond to the specific access needs of users. If you have access or dietary needs please let us know at the time of booking.

<http://bit.ly/2vV127Q>

Venue: The Place, Pitsea Centre, SS13 3DU

[View Map](#)

**CVS Volunteer Managers Forum:  
Tuesday 10 October 13.30-15.30, The George Hurd Centre**

This forum is for people who, whatever their role, whether paid or voluntary, co-ordinate/manage any number of volunteers.

The Forum offers an opportunity:

- For local volunteer managers to get to know each other, benefit from mutual support and also to get to know more about other third sector organisations working in their community
- To find out about the support available from the Basildon Billericay & Wickford Council for Voluntary Services & Volunteer Centre.
- To share best practice and find new ways of working that could help your organisation.
- To promote your organisation and network with other local volunteer involving organisations.

This group meets quarterly with issues identified by the group forming the central part of the agenda.

For more information contact Emily at [volcentre@bbwcvcs.org.uk](mailto:volcentre@bbwcvcs.org.uk) or call 01268 294420. To register your attendance please click on <http://bit.ly/2xKGmy0>

## Funding News

We are able to give funding advice and support on funding opportunities and approaches to fundraising. This includes:

- Identifying possible sources of funding.
- Developing and discussing funding strategies.
- Commenting on and helping with draft applications.
- Identifying and monitoring outcomes in a straightforward way.
- Exploring the best way of improving your organisation's financial sustainability.
- Identifying other useful free funding search engines to assist you in your exploration for funding.



We offer this support either at a face-to-face meetings, by phone and/or by email. We have good relationships with local funders and we can also help you review applications that have been unsuccessful or help clarify any issues or problems that crop up.

For further assistance please contact Catherine Sackey on 01268 294439 or email [catherine@bbwcvcs.org.uk](mailto:catherine@bbwcvcs.org.uk).

## Healthwatch Funding

Grants of up to £35,000 are being made available for local voluntary groups and charities to help them work to improve information, advice and guidance in health and social care. The return of the Healthwatch Essex Grants Scheme for a second year means that organisations

can apply for new funds to support their valuable work. Grants from the Healthwatch Essex Fund, which is managed by [Essex Community Foundation](#) (ECF), have to date seen £150,000 go towards local healthcare projects.

Dr David Sollis, Chief Executive of Healthwatch Essex, said, “There are some amazing charities and voluntary groups in Essex and the work they do is crucial in ensuring people get the support they need. In many cases they are the best placed organisations in the community to connect with local people and to help people in need navigate the right path to appropriate support.”

There are two levels of grants that voluntary organisations and local charities can apply for from this Fund – small grants of up to £10,000 and larger grants of up to £35,000. The latter is for more strategic projects looking to make significant improvements e.g. at a county level or develop new ways of working.

For the criteria and forms, visit the [Essex Community Foundation](#) website/ Organisations wishing to apply for funding are encouraged to contact the ECF grants team on 01245 356018. A dedicated phone-in event is being held on 16th August from 10am to 12 noon to give potential applicants advice.

### **The Aviva Community Fund**

The [Aviva Community Fund](#) opens for entries on 12 September 2017. The Fund offers you the chance to secure funding for an important cause in your community.

### **Data Analytics Innovation Vouchers**

Funding, via innovation vouchers, is available for businesses, charities and local authorities in the UK that require assistance managing and exploiting their data, with support provided by experts at local universities.

Organisations can work with experts across the Universities of Essex, East Anglia, Kent, and the London School of Economics.

The maximum Grant: £2,000

Deadline: Applications can be made at any time

[Click on the attached link for more: http://bit.ly/2xJjWNF](http://bit.ly/2xJjWNF)



### **Comic Relief Core Strength - Local Communities**

The Essex Community Foundation has recently announced that they are delighted to be working with Comic Relief on the Core Strength - Local Communities initiative.



The aim of this is to provide funding for groups' core costs - meaning expenditure that is not connected to delivering projects but focusing on investing in the organisation as a whole, such as basic running costs. This is great news and a welcome addition to their funding portfolio

Grants will be between £1,000 to £10,000, for up to 12 months, and are available to local community organisations with an annual income of up to £100,000.

The grants will be used to support groups that can evidence a sustained beneficial impact on people's lives who are excluded or disadvantaged. This may be through low income, rural or social isolation, age, disabilities, race, sexuality or gender. Priority will be given to small, locally based groups or organisations in areas of disadvantage.

To apply you must be a locally led and based organisation. This means you are based within the area you are carrying out activities and have local people involved in the running of the organisation.

If you are interested in making an application to this programme, please [click here](#) to read the full criteria before you start. If you have any questions, please contact our friendly grants team. The Comic Relief Core Strength - Local Communities application form is [available here](#).

The deadline is 31 October and decisions will be made in December.

**ECC'S Family Innovation Fund 11th September 10am-12pm  
Anglia Ruskin University, The Lord Ashcroft building, room MAB111 (1<sup>st</sup> floor)**

ECC'S Family Innovation Fund is opening for applications. To support providers a briefing session is being held with the aim of exploring the practical elements around forming consortia or partnerships to work on bids, and deliver the Family Innovation Fund outcomes for families.

There will be input from ECC, a chance to hear some wise words from previous organisations that have accessed the fund, Q&A's and a networking activity that will help identify groups that you might like to think about forming consortia or partnerships with.

This event is **FREE!** It is being hosted by ECVYS, Chelmsford CVS, ECVS, ECC, and supported by Anglia Ruskin University.

Booking: You must book your place if you want to attend. The Eventbrite link is <http://bit.ly/2xvcq8j> Please pop Sharon from ECVYS an email if you have any questions [officeadmin@ecvys.org.uk](mailto:officeadmin@ecvys.org.uk)

*\*Please note that the application process will only be briefly looked at as ECC are organising an event on the 18th September to go over this in more detail.*

**Crowd Funding – The Essex Crown**

The latest event from the Essex Crown is being held in Basildon on 17 October 2017. For more information have a look at the [The Essex Crown](#) here.

To register click here.

[www.eventbrite.co.uk/e/the-essex-crowd-crowdfunding-workshop-at-art-of-the-possible-tickets-37066729586](http://www.eventbrite.co.uk/e/the-essex-crowd-crowdfunding-workshop-at-art-of-the-possible-tickets-37066729586)

## Training Events

The FSI is delivering a free & heavily subsidised training event in Peterborough on 21<sup>st</sup> September offering small and local charities and community groups full & half day courses and workshops on key fundraising skills and governance topics. With support from DCMS, training courses include Demonstrating Your Impact, Gift Aid and How to Claim It, Budgets & Management Accounts & Cash Flow Forecasting and a variety of workshops.

We have been advised that places fill up fast, so book your place today to access this fantastic training opportunity.

Visit <http://www.thefsi.org/services/training/peterborough-september-2017/> for more information and bookings.

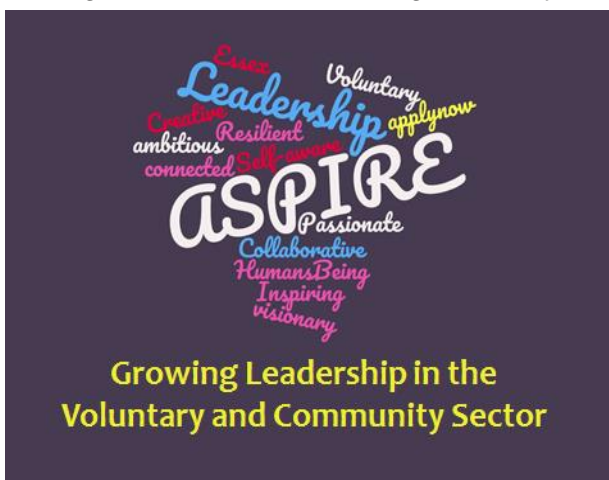
### Grow your digital skills

Would you like to improve the digital presence of your organisation and digital skills of your colleagues? We've spotted these [digital workshops](#), free and delivered across the UK by Lloyds Bank and Google

### ASPIRE Growing VCS leadership in Essex

A new 12 month leadership opportunity is commencing November 2017 is being launch by the Essex Partnership. The programme will be offering a personal programme for fifteen senior professionals working in the voluntary and community sector.

The programme will be most relevant for aspiring and developing leaders that have the desire to forge a future leadership career in the sector and that may be on the tipping point towards this ambition. The programme has been designed to be complimentary to the Greater Essex Leadership Collaborative and can equally run alongside or separately. The GELC provides the opportunity to work with leaders from across the public sector to learn collaboratively by tackling pressing issues and developing system wide capability.



ASPIRE offers a chance for individuals to design a bespoke leadership plan building specific personal leadership skills and practicing them through on the job experience. This could include:

- Personal diagnostics and coaching
- Group learning, including a launch workshop and action learning sets
- Bespoke development aligned to your personal goals and leadership vision
- Placements/research trips in the social and public sector
- A learning network and events to share your work

Find out more and apply:

Click [here](#) to download the applicant information sheet

Click [here](#) to access the online candidate application form

Click [here](#) to access the online nominator form

*Applications must be received by Midday on Monday 16th October 2017*

For any queries about the application process or to request an application form in an alternative format, please e-mail [aspire@humansbeing.co.uk](mailto:aspire@humansbeing.co.uk)

Delivered for the Essex Partnership by Humans Being, a global Organisational Psychology Consultancy helping clients attract, hire, look after and grow their people



## **Relate Training**

We have scheduled a Relational Training course to commence in October and to run in Eastleigh. The Relate Certificate in Relational Counselling covers all the key aspects of couple counselling and is designed to equip those who already have a qualification in counselling or psychotherapy at Level 4 (2 years validated course with 100 hours clinically supervised counselling placement) or above.

The course will extend over an eight-month period and will consist of 11 days face to face training which will include Relate's initial assessment and DA process so practitioners are ready to start working in Relate once they have successfully completed all criteria of the training.

Trainees will also secure a placement at a Relate center for the duration of the course in which time they will need to complete a minimum of 50 hours of therapeutic practice, 38 hours of which will be with more than one person.

Venue: Holiday Inn Eastleigh, Leigh Road, Eastleigh, Hampshire, SO50 9PG

Dates:

28 & 29 October 2017

1, 2 & 3 December

20, 21 January 2018

24 & 25 February

28 & 29 March

The cost of the course is £1,700. Please send CV and your details to [enquiries@relatase.plus.com](mailto:enquiries@relatase.plus.com)

## Vacancy

### Research and Engagement Manager

Healthwatch Essex are looking to appoint a new permanent Research and Engagement Manager. You'll need to be an enthusiastic and motivated person who is keen to lead their small but dynamic team in assisting the CEO and senior management team in carrying out research and engagement on people's lived experiences of health and social care.

Your work will help inform local policy and practice and you will take responsibility for the development and implementation of a programme of research and public engagement projects. These projects will form a key part of the evidence base that we will use to shape and influence the commissioning and delivery of local health, social care and public health services.

Read the full details of the job and how to apply (by 8<sup>th</sup> September) on their [vacancies page](#).

## News and Resources

### BASIS – Staffing Update

BASIS have just welcomed two more staff members into their office. They have big plans for BASIS members including more day trips out. They aim to try to keep all informed about trips via their newsletter but due to the frequency they sometimes advertise their trips on Facebook or through word of mouth.

They will also be recruiting committee members for the next year. The new members of the team are:

#### Michelle Thomson

Michelle is a new manager as she has officially started at BASIS. She has been popping into groups and familiarising herself with BASIS as a whole, we look forward to working with her.

#### Sarah-Jane Piper

BASIS have now recruited a Project Coordinator to oversee the lottery project. Sarah-Jane started on the 9<sup>th</sup> August.

Good luck to you both!

### Cyber security

The Government has issued [a report](#) highlighting the need to increase basic awareness of cyber security threats amongst charity staff and trustees. The report identified that amongst the charities interviewed, many did not have dedicated and specialist cyber security employees, a situation we know to be realistic and unavoidable for many small charities.

The report also states that training is not a priority in small and mid-sized charities, but many charities would like to know what is on offer around cyber security and in particular, free resources.

We would like to hear from you about your experiences about any breaches you or your members have experienced. Do you agree with the findings of this report? Let us know:

[chris@bbwcvcs.org.uk](mailto:chris@bbwcvcs.org.uk)



## Accounting Templates for Charitable Companies

The Charity Commission, in partnership with Companies House, has produced [accounts templates](#) for charitable companies with an income of under £500,000. The templates aim to help companies submit the right information and help them to save time.



## Health and Social Care Updates

As part of the CVS's revised funding agreement with both Essex County Council and Basildon, the Councils have rightly emphasised the important role the sector and the CVSs are able to play in addressing the Health & Well Being agenda. A particular focus is on seven priority themes listed below:

1. <b>Weight management</b> – CVSs should support building community resilience for weight management support including working with commissioned weight management providers.
2. <b>Pre-birth to 19 years' health, well-being and family support (PB19)</b> – CVSs should work to support communities in building family and young people's resilience, including working with commissioned PB19 providers.
3. <b>Healthy Lifestyles</b> – CVSs should support the voluntary sector including to increase referrals to the Essex Lifestyles Service for healthy lifestyle advice.
4. <b>Winter preparedness</b> – CVSs should support the voluntary sector in proactive and preventative health and social care efforts to reduce winter pressures in the system, including areas such as awareness raising about cold weather measures and support, and flu vaccinations for priority groups in local communities
5. <b>Good Lives</b> – CVSs should support the voluntary sector to increase understanding of Good Lives (i.e. the importance of the balance between helping people to help themselves and signposting individuals for timely support that may help them maintain their independence), including supporting the sector to be able to inform, empower and enable people to access tools to improve their physical and mental wellbeing and maintain their independence and to work as partners across the wider health and social care system.
6. <b>Step-down/sign-posting from CCG commissioned services</b> – CVSs should work with the voluntary sector to identify appropriate local voluntary and community sector sources of support to ensure safe and effective discharge from formal health and social care protocols, and ensure appropriate facilitation and signposting between statutory sector services and voluntary sector organisations.
7. <b>Emergency Planning</b> – CVSs should continue to support the Essex statutory sector, responding to emergency planning exercises and participating in major incident planning to support identification and appropriate care for those most at risk.

As part of this agenda we will be polling VCS organisations on the CVS' mailing list as follows:

"In your opinion, how important is it for the voluntary and community sector to provide services/support to address each of the following in Basildon:

- Weight management
- Support for children and families
- Healthy lifestyles
- Winter preparedness
- Good lives (i.e. the balance between helping people to help themselves and signposting individuals for timely support that helps them maintain their independence)

Please watch out for this survey. In the meantime your thoughts on how best to support you are welcomed. Feel free to contact [chris@bbwcvcs.org.uk](mailto:chris@bbwcvcs.org.uk) for your thoughts. To progress this agenda we will be including regular health and social care updates as part of our bulletins and newsletters.

### **Core funding and free training for health charities - 2018 GSK IMPACT Awards**

GSK's IMPACT Awards reward charities that are doing excellent work to improve people's health. Organisations must be at least three years old, working in a health-related field in the UK, with income between £80,000 and £2.5 million.

Up to 20 awards will be made ranging from £3,000 to £40,000 plus free training valued at up to £6,000. Organisations will also have a film made, receive help with press and publicity and be given a set of promotional materials.

To apply or to view winners' films go to: [www.kingsfund.org.uk/gskimpactawards](http://www.kingsfund.org.uk/gskimpactawards)

Hear from last year's winners about applying and the benefits of winning an award: <https://vimeo.com/171400225>

### **Basildon and Thurrock University Hospitals NHS Foundation Trust ANNUAL MEMBERS' MEETING 2017**

Emergency medicine is the hot topic at this year's Annual Members' Meeting (AMM), with keynote speaker Eddie Lamuren, clinical director of emergency medicine.

Attendees of the AMM will find out more about the Accident & Emergency department at Basildon University Hospital and how the unit has managed under increased pressure, with record-breaking number of attendances. It will also look at how emergency medicine is one of the cornerstones for the future plans of south Essex's acute care.

The 13th AMM is being held on Tuesday 12 September from 4.00pm to 5.45pm at Basildon University Hospital's education centre. Everyone is welcome (Trust Members and the public) and you can find out more about the work of the Trust and meet your local council of governors.

There will be light refreshments following the meeting. To find out more or reserve your place at the Basildon and Thurrock University Hospitals Annual Members Meeting please contact the membership office on 01268 598975 or email [foundation@btuh.nhs.uk](mailto:foundation@btuh.nhs.uk).

## **Co-occurring mental health, and alcohol and drug use conditions**

PHE has [published guidance](#) on commissioning and providing better care for people with co-occurring mental health, and alcohol and drug use conditions. The guidance is aimed at commissioners and providers of mental health and alcohol and drug treatment services. It's also suitable for support services that have contact with people with co-occurring conditions. The guidance supports implementation of the Five Year Forward View for Mental Health and represents an action from the Mental Health Crisis Care Concordat national action plan.

## VCS Event Diary/Calendar 2017

VCS Event Diary/Calendar 2017		
Date	Event	Contact
Wed 13 Sept at 10am - 12.30pm	Basildon CVS Networking Forum Committee Room 2 at the Basildon Centre, St. Martin's Square	<a href="mailto:catherine@bbwcvcs.org.uk">catherine@bbwcvcs.org.uk</a> 01268 294439
Wednesday 13 Sept 2.30-4.30	Increasing volunteering in Pitsea: Campaign Workshop	<a href="mailto:admin@bbwcvcs.org.uk">admin@bbwcvcs.org.uk</a> 01268 294011
Wed 20 Sept at 1pm - 4pm	Basildon Disability Equality Forum Civic Centre Room 2	<a href="mailto:chris@bbwcvcs.org.uk">chris@bbwcvcs.org.uk</a>
Thurs 21 Sept 10.00am – 12.00	FAB Forum St Georges Suite, The Basildon Centre.	To confirm your attendance <a href="mailto:info@basildon.cabnet.org.uk">info@basildon.cabnet.org.uk</a>
Tuesday 10 Oct 13.30-15.30	CVS Volunteer Managers Forum The George Hurd Centre	<a href="mailto:volcentre@bbwcvcs.org.uk">volcentre@bbwcvcs.org.uk</a> or call 01268 294420
17 October 2017	The Essex Crowd – Crowd Funding event	
Thurs 16 Nov at 12pm - 4.30pm	Basildon CVS Annual General Meeting	
Wed 22 Nov at 1pm - 4pm	Basildon Disability Equality Forum Civic Centre Room 2	
Mon 11 Dec at 10am - 12.30pm	Basildon CVS Networking Forum Committee Room 2 at the Basildon Centre, St. Martin's Square	<a href="mailto:catherine@bbwcvcs.org.uk">catherine@bbwcvcs.org.uk</a> 01268 294439

To book a place or for further information please use the identified contact.

This calendar will be regularly updated throughout the year, so if you have events you wish to add please let us know.

### Contact Us

For more information on the articles in this bulletin or to advertise an event, training or information about your organisation in our next bulletin, please call 01268 294124 or email [admin@bbwcvcs.org.uk](mailto:admin@bbwcvcs.org.uk)