



Welcome to the latest edition of the CVS electronic bulletin.

For more information on articles in this bulletin or to advertise an event, training or information about your organisation in our next bulletin, please call 01268 294124 or email admin@bbwcvcs.org.uk

CVS News

Simon Johnson – Chief Officer – Conceive, Believe, Achieve

Just three weeks in and so much has happened. It has been an amazing initiation to my new role with such a broad range of events and celebrations.



Last week our team supported a presentation event for The Fun Walk Trust. This year's Fun Walk was an amazing success, setting a new Fundraising record and it has proven to be a great way to support charities and good

causes with their core services.

Previous to this celebration I visited two volunteer focused events with Basildon Council and then Active Basildon

Both of these events celebrated the amazing contributions that individuals have made across Basildon throughout the year. I'm sure we agree that without volunteers the world and Basildon would be very different.

Here at BBWCVS, we are committed to assist volunteers and organisations to achieve their ambitions, so if you need support please get in touch.

BBWCVS Helps Fun Walk Reach New Fundraising Record

On Friday 22 November, The Fun Walk Trust held its annual 'Bonus' Presentation evening at Anisha Grange Care Home, Billericay.

Thanks to the generosity of local businesses and individuals, each charity received a bonus of 50% over the money they raised by participating in the 2019 Fun Walk.

In total, the monies raised in 2019 by the charities and donated by the bonus pot sponsors came to a record £105,000.

This brings the total monies raised for local causes to £1,169,000 since John Baron and his team started the Fun Walk in 2002.

BBWCVS was appointed earlier this year to manage the 2019 & 2020 events, and looks forward to helping the Fun Walk be even more successful next year.



John Baron (Chair of the Fun Walk Trustees) with the BBW CVS team at the Fun Walk 'Bonus' Presentation

Simon Johnson, BBWCVS Chief Officer said

"We are delighted that BBWCVS has been able to assist the development of this phenomenal event that supports our local charities."

Photos from the event are now available on the Fun Walk Trust website:

www.thefunwalktrust.co.uk



BBWCVS Annual General Meeting

The BBWCVS AGM was held on November 28 at the George Hurd Centre in Basildon. Simon Johnson, Chief Officer presented the Annual Report with updates on

- VolunteerEssex,
- Timebank,
- ACELifestyle 'My Weight Matters' Programme,
- Big Local Heart of Pitsea,
- The Fun Walk, and
- Basildon Emergency Night Shelter.

You can learn more about these initiatives on our website:

www.bbwcvs.org.uk.



We are delighted that all the Trustees standing for reelection this year were unanimously reelected to the board.

Basildon Emergency Night Shelter (BENS) Opens for 2019

BBWCVS opened the 2019 night shelter this month to provide overnight accommodation for up to 18 people. The project is supported by a dedicated team (managed by BBWCVS), and a large number of volunteers.

Christmas Volunteers Looking for Opportunities

We have received a number of enquiries from members of the public who would like to volunteer over the Christmas period to help those in need. If you have any short term, or one off seasonal activities that require volunteer support, please let us know and so can spread the word.

Email: volcentre@bbwcvs.org.uk

There is a dedicated section on the Volunteer Essex website for one off volunteering opportunities if you would like to post a vacancy - <https://www.volunteersex.org/one-off-activities/>

BBWCVS Mental Health Forum – December 3rd

Basildon, Billericay & Wickford | CVS

Tuesday
3rd December
10am-1pm

Forum

Mental Health:
The wellbeing of You,
your Organisation
and Society

The George Hurd Centre
Audley Way, Basildon
SS14 2FL
01268 294124

<http://bit.ly/CVSMentalHealthForum>

Last call to register for the BBWCVS Mental Health Forum on December 3rd!

Heart of Pitsea Community Events

ABOUT US

Heart of Pitsea, is one of 150 'Big Local' Lottery funded organisations.

It has a committee of local resident volunteers and includes representatives from our local NHS CCG, Basildon Council, Essex Youth Services and the Council for Voluntary Services.

We have a funding application process to which organisations can apply for funding to offer their services to the residents within the Heart of Pitsea boundaries and we run regular clubs and events for everyone to enjoy.

FREE Incredible Edible Community Gardening Group
– Tuesdays
10.00am-12noon

FREE Community Connect –
Wednesday evenings 6.30pm-8.30pm

Contact:
hello@heartofpitsea.co.uk

Heart of Pitsea Christmas Cracker Quiz – 13th December:



Time: 6:45pm – 10:00pm

Location: **Basildon Upper Academy**

Wickford Avenue,
Pitsea,
Basildon,
Essex
SS13 3HL

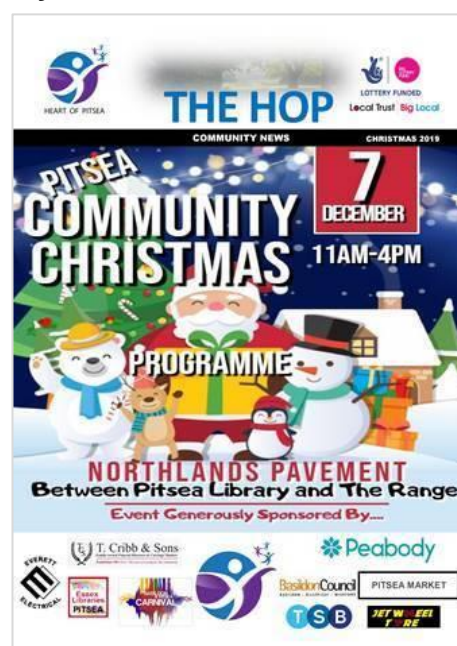
Pitsea Community Christmas - Saturday 7th December

11am-4pm Northlands Pavement Area
Funfair Area - with low cost and free amusements for all ages to enjoy including Side Stalls, Magic Mirrors, Bungee Trampolines, Gyroscopes and Cups and Saucers

Performance Arena - with live music, dance and fun entertainment

Peabody Community Marquee - with local organisations and charities hosting stalls with tombolas children's games, homemade cakes and more

Welcome Father Christmas to Pitsea as he arrives in his carriage!



Heart of Pitsea Sponsored Christmas Disco – 14th December:



Funding News

FREE access to NCVO's Funding Central to Identify Possible Sources of Funding.

BBWCVS is able to give funding advice and support on funding opportunities and approaches to fundraising.

This includes:

- Developing and discussing funding strategies.
- Commenting on and helping with draft applications.
- Identifying and monitoring outcomes in a straightforward way.
- Exploring the best way of improving your organization's financial sustainability.
- Identifying other useful free funding search engines to assist you in your exploration for funding.

For further assistance please contact Pippa Foster on 01268 294439 or email development@bbwcvs.org.uk

Nationwide Community Grants Programme



**Nationwide
Community
Grants
Programme**

Grants of between **£10,000** and **£50,000** to local projects that:

- Prevent people from losing their home
- Help people into a home
- Support people to thrive within the home environment

<https://www.essexcommunityfoundation.org.uk/grants/our-grantmaking/apply/nationwide/>

We strongly advise that potential applicants speak with ECF in advance of completing the form

Comic Relief Community Fund – Rolling Programme



COMIC RELIEF Community Fund

Grants are available for small grassroots groups and charities in England either to help them develop their organisation or to deliver projects that fit with Comic Relief's four strategic themes.

- Children Survive & Thrive**
- Fighting for Gender Justice**
- A Safe Place to Be**
- Mental Health Matters**

Capacity building grants of up to £500
Project delivery grants up to £4,000

Application form and further information
<https://tinyurl.com/CRCCommunityFund>


This is a rolling programme and applications can be made at any time.

Applications will be considered from grassroots community organisations and charities with an income of less than £250,000 that are based and working in England.



Garfield Weston Foundation – Rolling Programme

<https://garfieldweston.org/apply-to-us/grant-guidelines/>



Garfield Weston FOUNDATION

The Garfield Weston Foundation's Regular Grant programme awards grants of up to £100,000 to UK registered charities, CIOs, schools, faith-based organisations that are either exempt under the Charity Commission guidelines or are registered charities, housing associations or museums and galleries.

Capital projects*, Revenue/Core costs or Project costs supported.**

It is recommended that applicants should have around half of their funding identified before applying to the Foundation.

Continuous rolling programme - Apply today!

*When applying for capital projects, please note a grant is unlikely to be more than around 10% of the total cost.
**When applying for revenue/unrestricted grants, please note applicants are unlikely to be awarded more than approximately 10-20% of their organisation's total annual income.

*Funding considered:
Welfare, Youth,
Community Arts,
Faith, Environment, Education,
Health and Museums and Heritage*

LocalGiving Magic Little Grants – Closing Date 30th November

LocalGiving Magic Little Grants

LocalGiving, in association with Postcode Community Trust, is awarding small, local charities and community groups £500 grants to deliver engaging physical activities, which help to overcome barriers to participation.

The aim of the fund is to support the work of organisations that are engaging hard to reach individuals, encouraging them to take part in physical activity to help improve their physical health.

To be eligible, applicants must register with Localgiving as a member. Membership is currently free thanks to the Postcode Community Trust

**Deadline
30th
November**

Apply Today
<http://grants.localgiving.org/pct/>



High Sheriffs' Fund Grants – Closing Date 2nd December

High Sheriffs' Fund

Voluntary and community organisations, local charities and CIC's across Essex can apply for a grant to support their work making their communities safer and better places in which to live

Projects that have received funding previously include a personal safety scheme for older people, educating young people about the dangers of carrying a knife and deterring drug and alcohol abuse



Grants up to £5,000

**Deadline for Applications
2 December 2019**

Apply Today!
<https://tinyurl.com/Highsheriffgrant>

Children in Need Small Grants – Closing Date 2nd December

**** Funding Opportunity ****



**Children in Need
Small Grants
Deadline
2nd December
2019**

£10,000 per year for
up to
3 years available

[https://tinyurl.com/
CINsmallgrants](https://tinyurl.com/CINsmallgrants)

Projects working with children and young people of 18 years and under experiencing disadvantage through:

- Illness, distress, abuse or neglect
- Any kind of disability
- Behavioural or psychological difficulties
- Living in poverty or situations of deprivation

Basildon Winter Warmth Campaign Grants – Extended Deadline 5th December



**Basildon
Winter Warmth
Campaign
2019-2020**

The purpose of this grant funding is to both prevent crises and respond to them in relation to cold-related illnesses and deaths amongst frail elderly and other vulnerable groups of people.

To qualify for this grant, your activity must take place in the Basildon Borough

Application form available via the BBWCVS Website

Maximum
£500

Extended
Deadline
5/12/19 @ 4pm

Basildon, Billericay & Wickford | CVS

Basildon Community Council

Carling Nominate your Cause – Closing Date 8th December



CARLING

Nominate
your cause!

**Made Local
Funding**

Carling know the importance of local community action. That's why they are offering funding and support to passionate people who have a project that they want to develop in their community.

It could be anything from revamping a local community centre to fixing the facilities of an amateur sports team; maintaining your local park or even providing a service in your area to support vulnerable members of the community.

<http://www.carling.com/apply-for-fund>

Closing Date: 23:59hrs 08/12/2019. 1 nomination per person per day. At certain intervals throughout the nomination period, a judging panel will decide which nominations will receive funding.

Four Daughters Charitable Trust – Closing Date 13th December

Four Daughters Charitable Trust

Grants will range from small grants up to large grants of £200,000
Grants will be awarded based on need

The Four Daughters Charitable Trust, a family foundation, has expertise in education and healthcare. It is looking to identify partners and make grants during 2020.

The Trust is interested in issues around ageing in the UK and is looking to fund organisations and/or projects that aim to improve the way in which communities, the government, institutions and employers respond to ageing, addressing the challenges that older people face today on a systemic level.

Applications from organisations of all types will be considered, including charities, social enterprises, community groups and businesses.

The Trust is focusing on the following areas:

Supporting older people to stay in or find meaningful work or volunteering

Strengthening communities that are inclusive of older people

Supporting informal carers to develop their own peer-based approaches



**Deadline for
applications
13 December 2019**

The Sun £1million Giveaway – Closing Date 18th December



Your chance to get your favourite charity a share of £1million in a fantastic giveaway for The Sun's 50th birthday!

Between 2-20k available

Registration until Dec 18th

For more information:

<https://thesun.co.uk/competitions/10382270/charity-1million-touched-readers-lives/>

Register your favourite cause here:

<https://thesun.co.uk/competitions/10290614/the-sun-50th-birthday/>



Local News and Events

Basildon Borough Launches Community Lottery

A Basildon Borough Community Lottery has been created by Basildon Borough Council.

Set up to support community projects in the local area, Basildon Borough Community Lottery operates on the principle of raising money within the community for the community. We empower local good causes to raise money in a fun and effective way.

In a time of shrinking budgets and increased community need, Basildon Borough Community Lottery enables people to support the causes they care most about, helping good causes to connect with their supporters.

REGISTER YOUR GOOD CAUSE: <https://www.basildonboroughcommunitylottery.org/good-causes>

Prince's Trust Get Started with Childcare & Explore Enterprise FREE COURSES

The Prince's Trust still have some spaces remaining on the following two programmes in Southend.

The programmes are FREE and open to young people not in full time education or employment from the Southend, Basildon or Thurrock areas. Travel costs will be reimbursed – no effect on benefits.

Get Started with Childcare – Monday 2nd to Friday 6th December

- one week programme delivered in partnership with South Essex College.
- Gain NCFE/CACHE level 1 Award in Introduction to Health, Social Care and Children's and Young People's Settings
- Find out more about working in Childcare
- Age 16 – 25
- **Please contact Jamie Mack – Jamie.Mack@princes-trust.org.uk or 07904 972498**



Get Started **Childcare**

Are you 16-25? Do you live in Southend, Basildon, Grays or surrounding areas?

Join this free 1 week Get Started with Childcare programme in partnership with South Essex College.

A great opportunity to meet new people and find out about progression opportunities. Not only will it help you discover new talents, but you could also secure a qualification and benefit from support from our staff or one of our members to help you uncover your next steps.

- Level 1 Award in Introduction to Health, Social Care and Children's and Young People's Settings
- Certificate in First Aid
- Access to other relevant employment programmes
- Don't miss other great benefits
- Lunch provided daily
- Up to three months support on completion

Interviews take place week commencing Monday 15th Nov
Taster Day Tuesday 20th Nov @ South Essex College – Southend
Programme Runs Monday 2nd Dec – Friday 6th Dec 2019

To join the course or find out more:
Contact Jamie Mack on 07904 972498
Jamie.Mack@princes-trust.org.uk
Contact: Jamie Mack 07904 972498
Jamie.Mack@princes-trust.org.uk

European Union
European Structural and Investment Funds

South Essex College
YOUTH CAN DO IT

Explore Enterprise – Wednesday 11th and Thursday 12th December

- Two day programme to learn about setting up and running a business
- Includes market research, finance, tax, marketing and business planning
- Following the programme – young people can access free mentoring support and apply for financial support to start their business
- Age 18 – 30 (although under 18s can attend the training programme)
- **Please contact Ingrid Bennett – Ingrid.Bennett@princes-trust.org.uk or 07903 875845**

The Wellspring Foundation Christmas Party & Coffee Mornings

The Wellspring Foundation is a not-for-profit organization that provides holistic support for families and developing young leaders. They are passionate about supporting and inspiring disadvantaged people to discover and achieve their full potential.



Optional £1 Donation

COME AND JOIN THE

CHRISTMAS DINNER PARTY

Christmas is a season of love. Let's spend this time together and be merry!

DATE AND TIME
December 23, 2019 | 11:30am - 1pm

VENUE
The Shepherd & Dog, Crays Hill, CM11 2XY

Come and enjoy a day of fun with music and games, meeting with friends, and a delicious two course meal, including a festive lunch and dessert.



Please call **03301330450** to reserve your place | info@twfuk.org



Optional £1 Donation

YOU'RE INVITED TO

COFFEE MORNINGS WITH TWF

The Shepherd & Dog, CM11 2XY
10:00am – 11:30am every Monday
from 2nd December 2019

Come in, join the fun and connect with others over tea, coffee, biscuits and cakes. Pop in for a cuppa and a chat with varied activities like arts and crafts, singing, games, quizzes, bingo, seated exercises and more!

Meeting here offers you the chance to meet others socially, in a relaxed and friendly environment.

twfuk.org | 03301330450



Calling All Tea and Cake Lovers in Basildon



Calling all tea and cake lovers in Basildon!

Re-engage are looking for some lovely folk to volunteer as hosts and drivers for a new social group for older people in Basildon. One Sunday a month, over 75s in need of companionship meet new people and form friendships over cups of tea. Often these are the only opportunities older people have to get out of their homes and socialise. For a few hours each month, you can help make a difference (and enjoy a lovely tea party) to local older people. If you think this sounds like you or someone you know, please get in touch!

alexandra.berwick@reengage.org.uk / 07949 706918

If you know of an older person who might benefit from joining a local social group please let them know about us!

www.reengage.org.uk/join-a-group
www.reengage.org.uk/refer

Carers' Sessions at Southend Leisure and Tennis Centre – Mondays and Thursdays



SPORT FOR CONFIDENCE



DROP-IN MULTI-SPORTS SESSION FOR CARERS

Come along and try something different, meet new friends and learn new skills. The session is tailored to the needs of the group. Carers are able to bring the people they care for, for free.

When: **Thursdays 11-1pm**

Where: Southend Leisure & Tennis Centre, Garon Park, Eastern Ave, Southend SS2 4FA

£2.50 PER SESSION



GYM FOR CONFIDENCE FOR CARERS

Gym for Confidence is a flexible session designed for carers to access the gym facilities with the support of an Occupational Therapist and a Personal Trainer if required.

When: **Mondays 1-2pm**

Where: Southend Leisure & Tennis Centre, Garon Park, Eastern Ave, Southend SS2 4FA

£2.50 PER SESSION

These programmes are developed in partnership with an allied health professional and coaching team

For further information please contact Megan Potts on 07394 564942 or via email at megan@sportforconfidence.com

SPORT FOR CONFIDENCE | **Southend LEISURE & TENNIS CENTRE** | **southend LEISURE & TENNIS CENTRE** | **Play Your Part™ sportforconfidence.com @sportforconf**

Partyman Basildon – Family Christmas Party – 27th December

Aimed at children who have lost a parent or sibling, Off 2 The Moon is hosting a Family Christmas Party on the 27th December and the @partymanworld team have generously given them use of the venue.

Do you have any clients or services users that could possibly benefit from this event?

Space for 250 guests - FREE entry and FREE PLAY.

Learn more about the cause & why this event is so important:

<https://facebook.com/off2themooncharity>

To book please contact hboyle38@yahoo.com



Active Essex – Long Term Health Conditions Workshops (20th Jan)

Active Essex is holding a series of workshops for those who want to understand how to improve the health and wellbeing of those living with long term health conditions. The current campaign from Sport England called We Are Undefeatable is helping people with health conditions find ways to get active, whatever that looks like. There are over 15 million people in England who live with long term health conditions and there are many ways to get moving.

The workshops are designed for health, fitness or sport deliverers and volunteers. They aim to develop or update knowledge and understanding of Diabetes, Dementia and Cancer and will enable the learner to work effectively alongside individuals with these conditions.

For information on dates, times and locations please see the attached flyer or use this link: <http://bit.ly/2B9yZTZ>



Free VCS Leadership Development Training from March 2020 – Deadline for Applicants 9th December

An exciting free leadership development opportunity from The King's Fund for voluntary and community sector (VCS) organisations working in health and wellbeing.

Cascading Leadership provides an invaluable free opportunity for leaders working in health and wellbeing organisations in the voluntary and community sector (VCS) in the UK to develop their leadership skills and receive practical support.

It is built on a peer-to-peer model where an experienced VCS leader (a consultant) supports another VCS leader who is seeking support (a partner). They meet at least five times over a period of nine months where the partner has an opportunity to work through organisational issues and receive support. The consultant also benefits from being stretched to develop their own leadership and skills, while being supported and supervised by senior staff at The King's Fund. Both roles offer a learning and development opportunity.

The programme aims to create a diverse mix of participants including those from smaller organisations, individuals from minority groups and people from throughout the UK. Applications are especially welcomed from for consultants and partners from Black and minority ethnic communities, as people from these groups have to date been underrepresented on the courses.

The next course starts March 2020.

To apply go to: www.kingsfund.org.uk/cascadingleadership

Closing date for applications 9 December 2019

Chelmsford Human Library Event – 6th February 2020



The Human Library® creates a safe space for dialog where topics are discussed openly between our human books and their readers.

This part of the “time to change” initiative to end mental health discrimination and celebrates Time to Talk Day 2020.

If you would like to share your experiences or just take part please email markdale10@hotmail.com.

Vacancies

BASIS Fundraising Officer



Job Opportunity BASIS
Job Title: Fundraising Officer
Location: Home-based with travel into Basildon when required
Hours: 15 Per week
Duration: One year fixed-term contract
Reports to: General Manager
Salary: £25,000 per annum pro rata
Please email, both your CV and a supporting statement to michelle@basissouthessex.org.uk
Job Description
<https://tinyurl.com/BASISFundraisingOfficer>

Advertise Jobs and Contracts Through Us!

This service is free to members of the BBWCVS. We can advertise the latest vacancies from our members to a wider audience, using our website, this bulletin and social media.

For non-members we charge £25 for charities, £50 for statutory or private sector employers. The advertisement will stay up until the expiry date and we will also tweet it to our faithful following and include it in our newsletters.

Send the details including a web link to admin@bbwcv.org.uk

VCS Event Diary/Calendar 2019

Date	Event	Contact / Book Event
Tue 3 Dec 10:00am – 1:00pm	BBWCVS Mental Health Forum George Hurd Centre, Basildon	http://bit.ly/CVSMentalHealthForum
Sat 7 Dec 11:00am – 4:00pm	Pitsea Community Christmas Saturday 7th December Northlands Pavement Area	No booking required
Fri 13 Dec 06:45pm – 10:00pm	Heart of Pitsea - Christmas Cracker Quiz , The Basildon Upper Academy, Wickford Avenue, Pitsea SS13 3HL	http://bit.ly/HoPChristmasCrackerQuiz or by calling 07572 001671 or emailing admin@heartofpitsea.co.uk
Say 14 Dec 02:00pm – 04:00pm	Heart of Pitsea Sponsored Christmas Disco	Book tickets at: https://basildoncarnival.wordpress.com/childrens-christmas-disco/

Contact Us

For more information on the articles in this bulletin or to advertise an event, training or information about your organisation in our next bulletin, please call 01268 294125 or email admin@bbwcv.org.uk