Welcome to the latest edition of the CVS electronic bulletin.

For more information on articles in this bulletin or to advertise an event, training or information about your organisation in our next bulletin, please call 01268 294124 or email <a href="mailto:admin@bbwcvs.org.uk">admin@bbwcvs.org.uk</a>

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#### **CVS News**

# Save the Date BBWCVS Annual General Meeting – 28th November

BBWCVS Members are invited to attend the BBWCVS AGM happening on Thursday November 28th.

This is an opportunity for members to talk to the trustees and an opportunity to ask questions before voting on business items on the agenda.

Free tea & coffee will be available

Location: George Hurd Centre

Time: 2pm - 3pm

#### BBWCVS Mental Health Forum – December 3<sup>rd</sup>



#### Social Media: Understanding & Using This Successfully

It has come to our attention though various groups that our members feel they have a gap when it comes to social media knowledge and training.

If there is enough interest, we will look to run a basic and intermediate course on social media for those organisations looking to build their knowledge and extend their reach

If you would like to express an interest in participating, please email development@bbwcvs.org.uk.

# **Heart of Pitsea Community Events**

Heart of Pitsea Race Night - 27th November

Time: 7.00pm - 8.30pm

Location: Pitsea Leisure Centre

Place your bets with 'funny money' on a thrilling series of real horse races shown on the big screen. There are prizes up for grabs for the winner and runner up with the most money left at the end of the evening. No gambling – just lots of competitive fun!! This event is just one of the activities running at our free Community Connect Club, which runs every Wednesday evening at Pitsea Leisure Centre.



#### Heart of Pitsea Christmas Cracker Quiz - 13th December:



Time: 6:45pm - 10:00pm

Basildon Upper Academy Location:

#### **Heart of Pitsea Poppies Crochet Group - Wednesdays**

With Remembrance Day fast approaching, the Heart of Pitsea Community Connect Club is on the lookout for members to join their new 'Pitsea Poppies' crochet group. Over the next year, their aim is to crochet 1000's of these pretty designs and create a cascade of remembrance poppies to mark Armistice Day in Pitsea for 2020.

Would you like to get involved? Can't crochet, but would like to learn how? Not a problem, they will be happy to teach you!

Pop along to the friendly free club, which runs on Wednesday evenings from 6.30pm-8.30pm at The Place, Pitsea Leisure Centre.

Any questions please contact admin@heartofpitsea.co.uk



# **Funding News**

FREE access to NCVO's Funding Central to Identify Possible Sources of Funding. BBWCVS is able to give funding advice and support on funding opportunities and approaches to fundraising.

#### This includes:

- · Developing and discussing funding strategies.
- · Commenting on and helping with draft applications.
- Identifying and monitoring outcomes in a straightforward way.
- Exploring the best way of improving your organisation's financial sustainability.
- Identifying other useful free funding search engines to assist you in your exploration for funding.

For further assistance please contact Pippa Foster on 01268 294439 or email <a href="mailto:development@bbwcvs.org.uk">development@bbwcvs.org.uk</a>



**Nationwide Community Grants Programme** 



#### **Comic Relief Community Fund – Rolling Programme**



#### **Garfield Weston Foundation – Rolling Programme**



#### Essex & Suffolk Water Community Fund – Closing Date 8th November

The Essex & Suffolk Water Community Fund, which is managed by Essex Community Foundation (ECF), is inviting grant applications for up to £5,000.

These are available to support charitable projects that are related to either the environment, wellbeing or community support.

For information on how to apply for a grant, please call the ECF grants team on 01245 356018. The deadline is 8 November.



Warburtons Community Grants - Closing Date 11th November



# LocalGiving Magic Little Grants - Closing Date 30th November



# High Sheriffs' Fund Grants - Closing Date 2nd December



ECF will be holding a Phone-In Funding Surgery on <u>Tuesday 5</u> November from 10am to 12 noon to speak with potential applicants.

To take part, please call: 01245 356018.

There is no need to book a slot in advance.



#### Children in Need Small Grants - Closing Date 2<sup>nd</sup> December



Carling Nominate your Cause - Closing Date 8th December



#### **Local News and Events**

# Swan Housing Commitment to Christmas Kindness - Volunteers Available

This year Swan is running a Christmas Kindness Campaign among its staff to encourage people to get involved in volunteering. Staff have been given time during the lead up to Christmas to provide some support to voluntary and community sector organisations, to help with activities such as fundraising events, helping at Christmas Socials, lunches, parties and events, providing support to homeless people through the night shelters, providing reading support in schools or talking to someone who is socially isolated.

If you have any opportunities for volunteers and could use our support to help with your activities during this Christmas season, please contact Leah Douglas, Community Development Manager by telephone on: 01277 314376 or 07392 868141 or by e-mail at: ldouglas@swan.org.uk

# Active Essex – Long Term Health Conditions Workshops (7th / 26th Nov & 20th Jan)

Active Essex is holding a series of workshops for those who want to understand how to improve the health and wellbeing of those living with long term health conditions. The current campaign from Sport England called We Are Undefeatable is helping people with health conditions find ways to get active, whatever that looks like. There are over 15 million people in England who live with long term health conditions and there are many ways to get moving.

The workshops are designed for health, fitness or sport deliverers and volunteers. They aim to develop or update knowledge and understanding of Diabetes, Dementia and Cancer and will enable the learner to work effectively alongside individuals with these conditions.

For information on dates, times and locations please see the attached flyer or follow this link: http://bit.ly/2B9yZTZ



# InterAct & BBWCVS Mental Health First Aid Training (2 Day Course)



Register here:

November 13th & 20th:

https://www.eventbrite.co.uk/o/basildon-billericay-amp-wickford-cvs-2853722195

Location: The George Hurd Centre

#### Action for Family Carers – Free Events through 2019 / 2020

The Action for Family Carers project – 'Feeling Good, Caring Well' – is underway and is offering free events for Carers in and around Essex - please see the poster for the Essex events.

All of the Events (across the county) can be found on the following links:

INTERACTIVE MAP: <a href="https://affc.org.uk/feelinggood">https://affc.org.uk/feelinggood</a>

EVENTBRITE - to book FREE tickets:

https://www.eventbrite.co.uk/o/action-for-family-carers-18824222583



# Headway Essex "Cognitive Rehabilitation in Practice" Training - November 8th

Headway Essex runs training courses for anyone who works with adults with acquired brain injury, or carers supporting an adult with acquired brain injury.

They have a new training course on Cognitive Rehabilitation in Practice on Friday 8th November in Colchester.

More information on this course and how to book on-line is available from their website (<a href="https://www.headwayessex.org.uk/im-a-professional/training">https://www.headwayessex.org.uk/im-a-professional/training</a>)



#### Carers First - Free Activities for Young Carers in October, November & December

Carers First has been awarded funding for Young Adult Carers (18-24 yrs) to enjoy a variety of seasonal activities and a residential weekend. There are 15 places for the activities and 10 places for the residential weekend. These are free activities and designed to give the YACs some respite. They can assist with transport if necessary.

11th December

Pantomime Jack & the Beanstalk, 7pm to 10.30pm Harlow Playhouse.



22<sup>nd</sup> – 24<sup>th</sup> November 2019, Residential Weekend at St Mark's College, Saffron Walden.



# NHS Essex Partnership Universities – Spirituality Care Appreciation Day – 13<sup>th</sup> November

A day focussing on spiritual and mental wellbeing of the Body, Mind and Spirit

Date: Wednesday, 13<sup>th</sup> November 2019

Time: 09h30 – 15h00

Venue: Chapter House - Chelmsford Cathedral

RSVP: caroline.arthur@nhs.net

They will have various speakers and performances (Nutrition, comedy, alternative therapies, Sufi music, Buddhist meditation and much more), so come and join the fun!

The aim of this day is to promote:

- Understanding spiritual diversity for healthy body, mind and spirit
- · Positivity through being Open, Caring and Empowering
- Insights to person centred care and spirituality
- · Sharing and togetherness promoting hope, meaning and kindness

Spaces are limited so please RSVP!

#### Poetry fundraiser for Open Arts – 16th November



Open Arts is a community based arts service, that helps people improve and maintain their own mental health and wellbeing, through creative learning, social inclusion and self-expression.

Spiritual Care Week

They are hosting a Poetry Raw session on Saturday 16th November 2019 at 7pm at:

The Old Waterworks

https://www.theoldwaterworks.com/visit-tow

North Road Westcliff-on-Sea ESSEX SS07AB

FREE ENTRY - Donations welcome

If you would like to perform your original poetry you're welcome to just show up and put your name down on the night.

16+ welcome
Bring your own drinks
Off street parking available

#### British Red Cross Gift Fair - 20th November



# Basildon Council Free Bid Writing Training - 26th November



# Free Leadership Development Training from March 2020 – Deadline for Applicants 9<sup>th</sup> December

An exciting free leadership development opportunity from The King's Fund for voluntary and community sector (VCS) organisations working in health and wellbeing.

Cascading Leadership provides an invaluable free opportunity for leaders working in health and wellbeing organisations in the voluntary and community sector (VCS) in the UK to develop their leadership skills and receive practical support.

It is built on a peer-to-peer model where an experienced VCS leader (a consultant) supports another VCS leader who is seeking support (a partner). They meet at least five times over a period of nine months where the partner has an opportunity to work through organisational issues and receive support. The consultant also benefits from being stretched to develop their own leadership and skills,

while being supported and supervised by senior staff at The King's Fund. Both roles offer a learning and development opportunity.

The programme aims to create a diverse mix of participants including those from smaller organisations, individuals from minority groups and people from throughout the UK. Applications are especially welcomed from for consultants and partners from Black and minority ethnic communities, as people from these groups have to date been underrepresented on the courses.

The next course starts March 2020.

To apply go to: <a href="https://www.kingsfund.org.uk/cascadingleadership">www.kingsfund.org.uk/cascadingleadership</a> Closing date for applications 9 December 2019

#### **National News**

#### The Government Announces £12m more towards Youth Projects

Culture Secretary Nicky Morgan has announced that the government will provide an additional £12m towards youth projects as part of its "commitment to young people".

The funding includes up to £7m towards the Youth Accelerator Fund and £5m for the #iwill Fund.

The funding boost is additional to the £500m Youth Investment Fund, which was announced earlier this year.

Read more here: <a href="https://www.civilsociety.co.uk/news/government-announces-12m-more-towards-youth-projects.html#sthash.K4R80rcO.dpuf">https://www.civilsociety.co.uk/news/government-announces-12m-more-towards-youth-projects.html#sthash.K4R80rcO.dpuf</a>

#### Investing in contactless fundraising can be expensive, but can you afford not to?



#### Read the full blog here:

 $\frac{https://fundraising.co.uk/2019/10/08/investing-in-contactless-fundraising-can-be-expensive-but-can-you-afford-not-to/\#.XbrpC19zyUm$ 

#### **Vacancies**

#### **BASIS Fundraising Officer**



Location: Home-based with travel into Basildon

when required Hours: 15 Per week

Duration: One year fixed-term contract Reports to: General Manager Salary: £25,000 per annum pro rata

Please email, both your CV and a supporting statement to michelle@basissouthessex.org.uk

Job Description https://tinyurl.com/BASISFundraisingOfficer

#### Essex Community Foundation Head of Programmes - Closing Date Nov 24th

Essex Community Foundation is looking for a Head of Programmes, with the passion and commitment to make a difference to the lives of local people in Essex.



The successful applicant will have a strong track record of achievement gained at management level in the charity sector.

They will bring strategic thinking and creativity to the role to ensure the effective development and delivery of the Foundation's grant making and partnership programmes, matching the interests of our donors with the changing needs in our communities.

As a leading funder in Essex, this is an exciting time to join ECF. We have just agreed our new fiveyear strategic plan and the development of our grant making and partnership programmes is a key role as we plan to invest at least £15 million in local communities.

We are looking for someone who will bring energy, drive and is passionate about helping others. In return, this role offers an unrivalled opportunity to join a highly regarded and reputable organisation.

For more information about the role and how to apply, please download the Recruitment Pack from their website <a href="https://www.essexcommunityfoundation.org.uk/about/news/head-of-programmes">https://www.essexcommunityfoundation.org.uk/about/news/head-of-programmes</a>

The deadline to apply is 5pm on Thursday 24 October.

Should you wish to have an informal conversation about the post, please contact Caroline Taylor, chief executive of ECF, on 01245 355947.

#### **Advertise Jobs and Contracts Through Us!**

This service is free to members of the BBWCVS. We can advertise the latest vacancies from our members to a wider audience, using our website, this bulletin and social media.

For non-members we charge £25 for charities, £50 for statutory or private sector employers. The advertisement will stay up until the expiry date and we will also tweet it to our faithful following and include it in our newsletters.

Send the details including a web link to admin@bbwcvs.org.uk

VCS Event Diary/Calendar 2019

100 = 10111 = 1011 / 101101101011 = 110			
	Date	Event	Contact / Book Event
	Tue 19 Nov	BBWCVS Funding & Development	development@bbwcvs.org.uk
	10:00am - 12:30pm	Surgery	
	Wed 27 Nov	Heart of Pitsea – Race Night	No Booking Required
	07:00pm – 8:30pm	Pitsea Leisure Centre	-
		The Dipple Medical Centre, Wickford	
		Avenue, Pitsea.	
	Tue 3 Dec	BBWCVS Mental Health Forum	http://bit.ly/CVSMentalHealthForum
	10:00am - 1:00pm	George Hurd Centre, Basildon	
	Fri 13 Dec	Heart of Pitsea - Christmas	http://bit.ly/HoPChristmasCrackerQuiz
	06:45pm – 10:00pm	Cracker Quiz, The Basildon Upper	or by calling 07572 001671 or
		Academy, Wickford Avenue, Pitsea	emailing admin@heartofpitsea.co.uk
		SS13 3HL	-

### **Contact Us**

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