E Bulletin Issue 135

Welcome to the latest edition of the CVS electronic bulletin.

For more information on articles in this bulletin or to advertise an event, training or information about your organisation in our next bulletin, please call 01268 294124 or email <a href="mailto:chris@bbwcvs.org.uk">chris@bbwcvs.org.uk</a>

#### Follow us on Facebook and Twitter:





BBWCVS Facebook

#### **CVS News**

#### Volunteers encouraged to join Time Bank

Volunteers are being encouraged to join the Basildon, Billericay & Wickford Time Bank to earn 'credits' for the time they spend helping others.

Timebanking is volunteering with a twist. It's a community-initiative which encourages local people to share some of their time and skills directly with others. For every hour spent volunteering, Time Bank members can earn one 'time credit' which they can then use to ask someone for an hour of their time.

If you have volunteers supporting your organisation, they can sign up and 'bank' the hours they volunteer with you as a group. Some of the hours earnt by volunteers can also be donated back to charities – so if you need a hand, perhaps a Time Bank member can help!

It's free to become a member of the Time Bank. It's open to anyone 18 or over, regardless of ability, skills or situation and all help is free.

If you would like to find out more about the Time Bank and how it can benefit you and your volunteers, get in touch by email bbwtimebank@bbwcvs.org.uk or call us on 01268 294 420.

#### **Basildon homeless shelter at the George Hurd Centre**



Housing Justice is pleased to announce that Basildon Emergency Night shelter (BENS) has as of 06 July 2018, achieved the Housing Justice Quality Mark for Church and Community Night Shelters for Excellent Practice.

The HJQM accreditation is offered at either "Safe Practice" or "Excellent Practice". The detailed standards include volunteers' training, guest and volunteers' health and safety, referrals and links with other homelessness agencies, and data collection and sharing.

HJQM accreditation provides benefits to homeless shelter guests, staff and volunteers. It also enables the local community, local authorities, funders and insurers to be confident that the shelter operates to a good standard in all that it does.

Phyl McLaren, Chair of the Basildon Homelessness Working Group, said: "We are naturally delighted to receive this recognition and acknowledgement of Excellent Practice. I would like to thank our Coordinator and all the volunteers as this award is a testimony for all their hard work. It reflects our commitment to provide the best possible and safest experience for guests and volunteers. It can also provide confidence to our funders and partners".

Jennifer Gould, Housing Solutions Manager at Basildon Council, said "I am delighted that the hard work and dedication of Basildon's Homelessness Working Group has been recognised and gained the, well deserved, quality mark for excellent practice. Basildon Emergency Night Shelter provides an invaluable service to rough sleepers during the coldest months of the year. I am very pleased to be able to support the Homelessness Working Group in their efforts and am proud of the strong relationship Basildon Council's Housing Solutions Service and BENS have established."

The HJQM was first piloted in winter 2013-2014 and is now offered to shelters in all parts of the country.

Housing Justice Chief Executive, Kathy Mohan said: "We are delighted to welcome BENS to the network of Housing Justice Quality Mark accredited Night Shelters. "Church and Community Night Shelters are proving an effective response to homelessness across the country, providing shelter to people who might otherwise be forced to sleep on the street or sofa surf with friends or family.

"Many shelters are seeing the value of signing up to Housing Justice Quality Mark accreditation. More than 20 Church and Community Night Shelters have been through the rigorous assessment process across the country".

The service relies on the support of a great team of volunteers. If you would be interested in volunteering for the project please contact the CVS Volunteer Centre at volcentre@bbwcvs.org.uk for more information or Muriel, the Shelter Coordinator shelterlinks16@gmail.com

#### **Funding News**

We are able to give funding advice and support on funding opportunities and approaches to fundraising. This includes:

FREE access to NCVO's Funding Central identifying possible sources of funding.

- Developing and discussing funding strategies.
- Commenting on and helping with draft applications.
- Identifying and monitoring outcomes in a straightforward way.
- Exploring the best way of improving your organisation's financial sustainability.
- Identifying other useful free funding search engines to assist you in your exploration for funding.

We offer this support either at face-to-face meetings, by phone and/or by email. We have good relationships with local funders and we can also help you review applications that have been unsuccessful or help clarify any issues or problems that crop up.

For further assistance please contact Catherine Sackey on 01268 294439 or email catherine@bbwcvs.org.uk

#### **Magic Little Grants**



Localgiving has teamed up with the Postcode Community Trust to provide over 400 grants of £500 to small charities and community groups. Thanks to support from the players of People's Postcode Lottery, the Magic Little Grants Fund provides small charities and

community groups the opportunity to access funding to deliver engaging physical activities, which help to overcome barriers to participation.

To benefit from funding, projects need to meet either of the following themes:

- Overcoming barriers to participation in physical activities in creative ways
- Increasing social cohesion through developing access to sports and other recreational activities

Applications are to be made from now until 31st October 2018. As part of the grant, organisations who are not currently members of Localgiving will also be awarded an annual Localgiving membership, worth £96, that will enable them to benefit from Localgiving's online fundraising support and services.

For further information, please click here.

#### **Funding Opportunity from Heart of Pitsea**

If you are a voluntary organisation, charity, CIC/CIO, statutory body or business and have a great project you would like to deliver in the Heart of Pitsea area, you can easily apply for funding online using their Project Proposal form which can be found here.

In 2018, Heart of Pitsea are offering two proposal rounds – the deadlines are: Tuesday 31 July Friday 12 October

Any proposal must address at least one of our three themes: these are Health, Skills and Community.

It is expected that all proposals will provide added value with some kind of contribution to the project – this can be in the form of part funding, matched funding, volunteer time, in-kind resources or generated income. Projects will need to benefit those who live, work or go to school within the Heart of Pitsea area, although it is appreciated that a project may also impact on areas outside the boundaries in neighbouring areas.

For further information email admin@heartofpitsea.co.uk.

#### **Building Connections Fund**

The £11.5 million Building Connections Fund is a partnership between Government, Big Lottery Fund and the Co-op Foundation which was set up in response to the Jo Cox Commission on Loneliness to support projects that prevent or reduce loneliness.

#### The fund aims to:

 Increase social connections, helping people form strong and meaningful relationships and creating a sense of community and belonging, and helping people feel more connected

- Support organisations to build on their existing work, eg by reaching more people, or working in a new area or with a different method or group of people
- Encourage organisations to join up with others locally
- Improve the evidence base and use learning to inform longer term policy and funding decisions.

The fund is split into two strands:

#### 1. Main Fund

Available for organisations with existing projects that are already helping to build connections to prevent or reduce loneliness, projects that could reach more people and / or join up with others and include ways of utilising existing expertise in the sector, increasing geographical reach and improving impact.

Grants are between £30,000 and £100,000. It is open for applications now.

#### 2. Youth Fund

This will be distributed by the Co-op Foundation, making grants of up to £80,000. It will open for applications in August 2018 – find out more on the Co-op Foundation blog.

Application deadline

Main fund: Friday 24 August by 12 noon.

For information click here.

#### The #iWill Fund

The #iwill Fund, managed by Essex Community Foundation, awards grants of between £1,000 and £5,000 to projects/activities which give young people the opportunity to develop their character, build skills and engage them in contributing to their community. It is currently seeking applications for its next round of funding.

Among the organisations to receive grants previously are Integration Support Services, in Harlow, who used their grant of £5,000 to launch a peer mentoring scheme where 10 young volunteers, aged between 13 and 18, have been paired with young Asylum Seekers.

For information about this programme: click here. There is specific criteria and a separate application form to our usual one so any charity or voluntary group that is considering making an application, is encouraged to call the ECF grants team in the first instance: 01245 356018.

#### **Local News and Events**



Saturday 4 August 2018, 11:00am - 3:00pm

James Hornsby Secondary School, Leinster Road, Laindon, Essex **SS15 5NX** 





FREE ENTRY!

RESIDENTS **WILL RECEIVE** A FREE **BURGER AND** DRINK!

Turn over for more details...

Swan Housing Association in partnership with:

















## LAINDON **PLACE SUMMER** FAIR

#### Activities will include:

- face painting
- arts & crafts
- music and
- information on Laindon Centre regeneration project.

There will also be opportunities to find out what's happening in your local area regarding education, training, employment and much more.

Saturday 4 August 2018, 11:00am - 3:00pm

James Hornsby Secondary School, Leinster Road, Laindon, Essex **SS15 5NX** 

For any queries, contact:

Ade Adelekan

aadelekan@swan.org.uk 07725660425 or

involvement@swan.org.uk 01277 844242

#### 2018 'Pride in Basildon Borough' Volunteer Awards!



Nominations are now being accepted for the 2018 'Pride in Basildon Borough' Volunteer Awards!

These awards celebrate the selfless help and support provided by the borough's unsung heroes.

Award categories include;
Sunshine Award (11-21)
Community Star
Inspirational Role Model
Fundraising Champion
Volunteer Project
Long Service Award
Voluntary Group of the Year Award
Lifetime Achievement Award

Winners of individual categories will be put forward for the opportunity to win the Tony Guyon Memorial Cup and crowned 'Volunteer of the Year', which will be judged by this year's lead sponsor Pinnacle PSG.

Just go here to download an application form and view more details.

#### Help shape the future of your Fire and Rescue Service

The Police, Fire and Crime Commissioner for Essex is after your views on what the priorities for fire and rescue services in the county should be.

An Essex's first Fire and Rescue Plan is being put together – this will be a strategic document that will set out the vision and priorities for the delivery of fire and rescue services in Essex. They will focus on what the people of Essex want its fire and rescue service to deliver for their communities.

Details of the remaining workshop and how-to book are below. We look forward to seeing you!

#### Workshop 4 – 25 July 2018

Make best use of our resources while improving public safety and offering value for money for our communities.

All organisations have limited resources and it is important that the Service uses the money and resources provided by the public in the best possible way. This priority looks at how we the Service can ensure that it is using resources wisely and offering value for money for the public.

To book your place, please click here.

#### Are you interested in crowdfunding? Join our 'Ideas' workshop now!



Basildon Council have partnered with Spacehive to offer additional support to Basildon based organisations, who want to know more about opportunities to crowdfund civic projects.

If you want to know more about what crowdfunding can do for you, why not join 'The Essex Crowd' on Wednesday 1st August 2018 from 6.30pm, to explore your options. Whether you already have an idea, or are looking for inspiration, come along and share your story!

Follow this link to book your space (spaces are limited so please ensure you book considerately).





### DADS NETWORK

DATE: SATURDAY 21ST JULY 2018, TIME: 10:30 AM TO 12PM

VENUE: THE PLACE, PITSEA LEISURE CENTRE, 13 NORTHLANDS PAVEMENT, BASILDON,

SS13 3DU

You are invited to join us for a <u>FREE</u> 'brunch' as part of launching this new support for Expectant Dads!

Meet other expectant or new dads. Share your ideas about what **FREE** "Dads only" antenatal workshops could include so Dads get the support they need.

Come along and be part of something exciting, just for dads, right from the very start!

www.parents1st.org.uk





#### QUOTES FROM LOCAL DADS

"Everything is centered around the mum. A lot of men don't know what to expect, or where to go if they have questions."

"What to expect during labour and birth."

"I needed someone to talk to about the realities. No sleep. How to support mum and how I can help more."

"Information about the simple things. How to bath baby safely, feeding, changing nappies etc."

"Support with how to feel involved with baby, especially once I'm back at work."

"Would be good to be included more."

Please let us know you are coming along:

Text: 07557 900517 Call: 01268 525758 info@parents1st.org.uk

## St Luke's Hospice



Dementia Awareness "Drop In" for Carers, Patients, Professionals, Staff & Volunteers

Saturday 29<sup>th</sup> September 2018 - 10.00am - 14.00pm Advice, Support and Information including: St. Luke's Hospice • Carers Coordinator

- Hospice Community Services (including H@H, One Response;
   Frailty and Care Home Palliative Support)
  - Diversional Therapy and Reminiscence
  - Complementary Therapy introducing the 'M Technique'
    - Admiral Nurse (Specialist Dementia Nurse) from Basildon Hospital
    - Falls Prevention Useful Equipment and Aids
  - Safeguarding Safety Awareness and Information including the 'This is Me document'
    - Dietary Advice and Information incorporating
       Wiltshire Farm Foods
    - The Alzheimer's Society and Silver Birch Day Centre

Quiet area for patients and carers. Disabled access and facilities. Refreshments. Unrestricted car parking for this event only in the College Car Park at the rear of the Hospice.

Please contact Amanda Backhouse on 01268 524973 ext 232 or email amanda@stlukeshospice.co.uk for further information or if you have any questions.

# St Luke's Hospice





Sunday 5th August
Lake Meadows Billericay
Registration Fees 11.30am

(pre registration)

Adult £10.00 Under 16 £8.00

On the day: Adult £12.00 Under 16 £10.00 Under 5's are FREE

Come and join us on our 5k Summer Fun Run CALL 01268 524 973

JoannaLucas@stlukeshospice.co.uk

WWW.STLUKESHOSPICE.COM

Registered Charity Nº 289466



#### **Vacancies**

#### **Refuge Support Practitioners**



Changing Pathways (formerly Basildon Women's Aid) is a domestic abuse charity that supports individuals and their children experiencing or fleeing domestic abuse across Basildon, Brentwood, Castle Point, Rochford and Thurrock. Our vision is of a world in which all can live fulfilled lives, free from domestic abuse.

We continually seek new ways to advocate for those who are currently or have previously experienced domestic abuse, interpersonal violence, stalking and harassment. We are involved in campaigning work and as an affiliated member of national Women's Aid Federation of England, we hold the Women's Aid National Quality Standards. Our dedicated team is committed to breaking the cycle and impact of domestic abuse, and as such, we will only accept applications from candidates who share our vision and have a feminist perspective to eliminate the unequal positioning of those experiencing domestic abuse.

Available positions: Refuge Support Practitioner (Thurrock) Refuge Support Practitioner (Basildon)

We are seeking two dynamic and skilled practitioners to work in our specialist service providing support and interventions to women within a refuge environment.

The successful candidates will have an excellent understanding of domestic abuse in the context of power and control and will strive to achieve the best outcomes for women and children experiencing domestic abuse, helping them to recover from their experiences and live fulfilling lives.

Taking a needs-led, strength-based approach to supporting survivors of domestic abuse, you will be skilled in safety planning, risk assessment and risk management with an excellent understanding of the criminal justice system, local MARAC arrangements and safeguarding procedures.

Report to: Refuge Services Manager

Hours: 37.5 hours per week with the post holder participating in an out of hours on-call service. There is an expectation that the post holder will be willing to work flexibly to meet the needs of the service, including evenings and weekends.

Both posts are offered on a permanent basis. Salary: £21,962 per annum

To apply please complete the application form available from our website, demonstrating how you meet the requirements of the role and send to paula.brown@changingpathways.org

For an informal discussion of the role please contact Ranjit Sindhar on 01375 845 899.

Applications should be received no later than 9am on 31 July 2018.

Interviews to be held on Monday 6 August 2018.

'A copy of this document is also available electronically here.

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For information in alternative formats (for example, in braille, large print or an electronic format), please email welcome@changingpathways.org

#### **Senior Fundraiser (Grants and Trusts - Manager)**



SNAP (Special Needs And Parents) helps Essex families with children and young people who have any special need or disability. Our aims are to inform, encourage and support parents, so that they can grow in strength and knowledge and become better equipped to give the best possible help to their children.

Special Needs And Parents

We have an exciting opportunity for an experienced person to join our professional, high-performing fundraising team. SNAP has a successful track record in their grant/trust applications and would like to recruit someone to help to further drive our

income generation forward; as its success is key to our ability to support our SNAP families. Based at our specialist centre in Brentwood, you will be offered great opportunities for personal development that could lead to a role within the senior management team.

The ideal applicant will have a background in the charity sector and be able to demonstrate their ability to:

- Write bids that have secured funding
- Analyse policy, tender and bid documents and succinctly provide data on suitability
- for submission
- · Identify new income streams within the charity fundraising sector
- Work to targets and financial budgets
- Successfully implement and manage projects to deadline
- Manage their own workload alongside the priorities set for the fundraising team as a
- whole.
- Operational and people management
- Writing and delivering presentations to support fundraising campaigns

So if you are a great team player with a pro-active and a collaborative work-style we would love to hear from you.

We will offer a competitive salary for the successful applicant, so in the first instance please send a full CV (along with current salary details) to recruitment@snapcharity.org.

### VCS Event Diary/Calendar 2018

Date	Event	Contact
Wed 25 July 2pm-4pm	Workshop 4 – Fire & Rescue Plan Hamptons Sports and Leisure, Tydemans, Great Baddow. CM2 9FH	Book Here
Fri 20 July 11.30am-12.30pm	Parents 1 <sup>st</sup> – Mums-to-be Tilbury Hub, Civic Square	01268 525758 info@parents1st.org.uk
Sat 21 July 10.30am-12pm	Parents 1 <sup>st</sup> – Dads Network The Place, Pitsea Leisure Centre, 13 Northlands Pavement, Basildon. SS13 3DU	01268 525758 info@parents1st.org.uk
Wed 1 Aug From 6.30pm	The Essex Crowd The Gielgud Room, Towngate Theatre, St Martin's Square, Basildon. SS14 1DL	
Fri 3 Aug 3pm-6pm	Thank You Garden Party Aspire Centre, Moulsham Mill, Parkway, Chelmsford. CM2 7PX	
Sat 4 Aug 11am-3pm	Laindon Place Summer Fair James Hornsby Secondary School, Leinster Road, Laindon, Essex. SS15 5NX	
Sun 5 Aug 11.30am start	St Lukes Hospice Heroes Lake Meadows, Billericay	01268 524973 Joannalucas@stlukeshospice .co.uk
Mon 10 Sept	Heart of Pitsea Health Market Dipple Medical Centre, Wickford Ave, Pitsea, Essex. SS13 3HQ	
Tues 25 Sept 9.30am-12.30pm	2018 Network Forums The George Hurd Centre, Audley Way, Basildon. SS14 2FL	
Sat 29 Sept 10am-2pm	Dementia Awareness Drop-in	01268 524973 Amanda@stlukeshospice.co. uk
Tues 4 Dec 9.30am-12.30pm	2018 Network Forums The George Hurd Centre, Audley Way, Basildon. SS14 2FL	

#### **Contact Us**

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