

SOCIAL PRESCRIBING

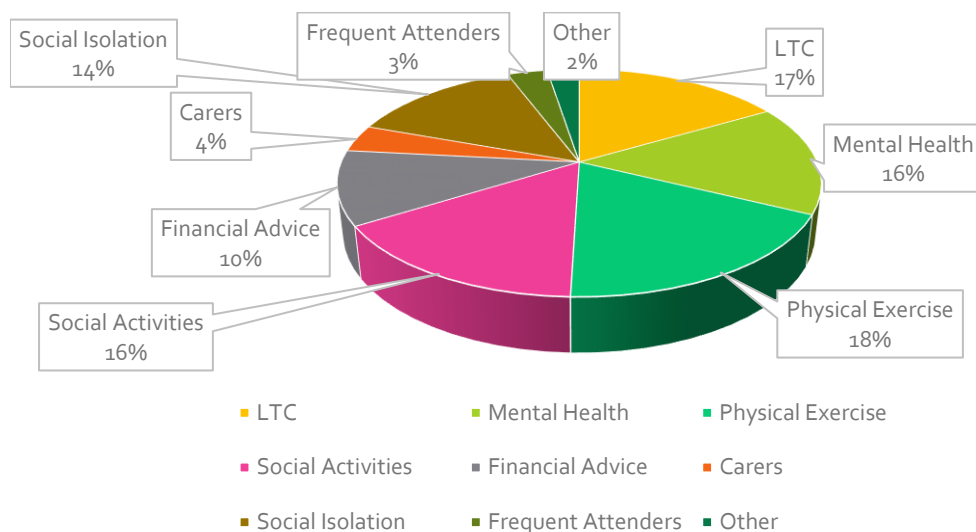
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WELCOME TO THE JUNE EDITION OF OUR MONTHLY NEWSLETTER FOR THE SOCIAL PRESCRIBING PROGRAMME ISSUE NO. 14



SOCIAL PRESCRIPTION REASONS FOR REFERRAL - This is a breakdown of reasons for referrals, highlighting issues affecting clients. It also gives a clear picture of destinations.



Referrals to date:

Dr. Arayomi	68
Malling	31
Dr. Sims	73
Dr. Nasah	15
Laindon	61
Tile House	90
Self Referrals	6
Others	23
TOTAL	367

As you can see from the table, we currently receive a low number of patients who are frequent attenders.

We would welcome your views on how we can increase the number of referrals for this cohort.



VERVE GROUP

Valuing Local Diversity
Enhancing Patient Experience
Raising Public Awareness
Visible Equity in
End of Life Care

VERVE group was established in 2006, with the objective of raising awareness of the planning and choices available at end of life, and promoting access to local services. The group is keen to attract new members and also to take a fresh look at our objectives and work plan for 2017/2018. We would like as many organisations as possible to work in partnership with us through this group as we acknowledge that all of you come into contact with people who are either at the start of their diagnosis journey or who have Palliative or End of Life needs. If any organisations would like to join the VERVE group. Please contact Penny Meadows by emailing on pennymeadows@stlukeshospice.co.uk or further information ring 01375 648170



Building up carers
social networks

AFFC have a team of volunteers who make regular calls to carers. This service is available to anyone over 18 years of age and who is an unpaid carer in the Essex area. Calls can be as often as once a week or as little as once a month, it's entirely up to the carer. Carers find this service very useful, especially when they are isolated due to their caring role. Most of the volunteers have personal experience of being carers so are able to understand carers situation from personal experience and can be an impartial person the carer can talk to. The same volunteer will call so the carer can build relationship with them.

Keeping in touch -
weekly, fortnightly or
monthly calls available

- ✚ Our telephone befrienders are all DBS checked volunteers
- ✚ They realise it can be difficult for carers to talk to friends and family about their caring role and carers can be socially isolated. They offer understanding and companionship
- ✚ They can remind carers when support groups are on and refer back to a support worker if further support or information is needed.
- ✚ Our befrienders will aim to call at a time that suits the individual.

For more info: Tel 01621 851640
Email : info@carersinsex.org.uk
www.affc.org.uk



We are awaiting the findings of the PACEC report commissioned by Essex County Council to undertake an evaluation of the Social Prescription models across Essex. This will be available shortly. We would welcome the opportunity to meet with you to discuss some of the headline findings.

CLIENT TESTIMONY

Patient / service user A was referred to the project due to their long term condition (arthritis, diabetes) mental ill health (anxiety, depression), social isolation and difficulties finding employment.

They were referred to the Ace Lifestyles for weight management and healthy eating program and joined 'walk for wellbeing'.

Following engagement with the Social Prescribing project the patient / service user:

- Has lost over half a stone via a weight management program;
- Has been able to manage and control their diabetes
- Volunteers for the Social Prescribing project, in particular marketing the project at surgeries

