





SOCIAL PRESCRIBING

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JANUARY 2017

WELCOME TO THE JANUARY EDITION OF OUR MONTHLY NEWSLETTER FOR THE **SOCIAL PRESCRIBING** PROGRAMME ISSUE NO. 10





HAMPERS BRING HAPPINESS

Our staff and volunteers were busy over the festive period delivering food hampers in conjunction with Hampers Bring Happiness and Age Matters.

Around 30 hampers were given to elderly and vulnerable residents in the Borough.



Referrals this month: Dr. Arayomi 4 Malling Health 5 Dr. Sims 3 Dr. Nasah 0 Laindon Health 5 The Tile House 6 Self Referrals 0 Sub Total 23 **TOTAL** 226



HOSPITAL GOVERNOR

Basildon & Thurrock University Hospitals (BTUH) NHS Foundation Trust is holding elections for Members of the Council of Governors.

Elections are to be held for 5 public Governors:

- 1 from Basildon
- 3 from Thurrock
- 1 from the Rest of England

To qualify for public nomination you must be a public member of the BTUH Foundation Trust Nominations must be returned by 5pm on Friday 3rd February

Skills

If you are interested in becoming a Governor and would like to find out more please follow this link:

https://www.volunteeressex.org/opportunities/hospital-governor-9228

HEALTH AWARENESS DAY

DIPPLE MEDICAL CENTRE

10th January 2017





A fantastic day organised by the Heart of Pitsea Project. An opportunity to network with organisations we are linked with on Social Prescription. Very useful space provided by the Dipple Centre with a large number of patients seen.











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STEPPING UP TO GREEN CAMPAIGN - BASILDON HOSPITAL

Basildon Hospital has experienced a range of pressures on service delivery this year and as a result the Trust set up this campaign to manage this demand.

Entitled Stepping up to Green; we invited voluntary & community sector organisations, who are registered with social prescribing, to attend an event at the hospital to promote access to alternative provision and support.

These events were held on January 18th, 19th, 23rd and 24th. There were a total of 13 organisations in attendance covering a wide range of services available in the area.











PACEC have been commissioned by Public Health to undertake an evaluation report on the impact of Social Prescribing.

As part of this we are undertaking a baseline survey and follow up questionnaire with patients and a service target of 59 patients was set. We are pleased to report we have already exceeded our baseline target.

A stakeholder consultation is also planned for March 2017. If you wish to participate in this consultation please contact us by Friday 3rd February - spadmin@bbwcvs.org.uk

In addition to the PACEC work, we are capturing the impact of the work using the Manchester New Economy Model. To date cost savings of £100,000 have been identified.



