

BBWCVS

# Queens Park

NEWSLETTER

YOUR VOICE IN YOUR COMMUNITY

VOLUME 3, ISSUE 2

JULY 2008

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## Handy Numbers

Billericay Town Council  
01277 625732

Basildon District Council  
01268 533333

Adult Community College  
01268 520599

Brightside Primary School  
01277 655995

The Health Centre  
01277 658071

St. Georges Community Housing  
01268 465050

Guinness Trust Office  
01277 631795

Streetcare  
01268 294949

Billericay Police Station  
01277 631212

**21 Sep 08, Sunday, 1 - 5 pm**



This year's Queens Park Fun Day will take place on Sunday, 21st Sep 08 at Hannakins Farm Community Centre. We have already booked activities such as "Dog Display", "Power Kites" and activities run by "Billericay Striders". As always, bouncy castles, face painting, balloon arts and many more activities would be available for free for everyone to enjoy.

Printing of this newsletter is funded by Fair Share Programme in Billericay, administered by Essex Community Foundation and published by Community Development Worker at BBWCVS, Artak Poghosyan.



**fair share**

Lottery money where it's needed most



LOTTERY FUNDED

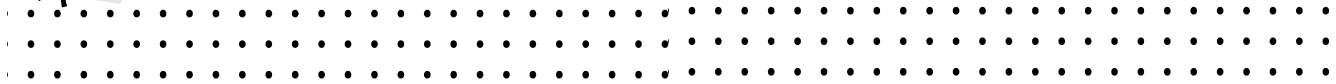
## Making Queens Park Cleaner

A resident survey was conducted in June 2008 to find out what issues were effecting the Queens Park neighbourhood most and how we could solve them. Many residents wrote back and reported several streets and alleyways in Queens Park that needed a cleanup.

As a result "Making Queens Park Cleaner" event was organised on 12th July 2008, Saturday, where young people from Billericay Methodist Churches, The Baptist Church and Christ Church together with the scouts group walked around the streets and picked up the litter and cleared the rubbish. During the day they also mowed the front gardens of residents who had requested the help prior the event. A skip was placed at Hannakins Farm car park where all the rubbish was collected.



We are planning the next round of cleanup in October half term. If you would like to report any street/alleyway that needs clearing out, please contact Artak on 01277 658086.



## Street GYM at Hannakins

Hannakins Farm Community Center together with Artak, Community Development Worker for Queens Park, are working on the plans to install outdoor gym that would be located next to the play area outside the centre. The gym will be available for all residents of Queens Park to use, free of charge, 365 days a year. It is specially designed to allow safe and effective work out without a need of a personal trainer. The outdoor gym is specially designed to offer the perfect blend of cardio, tone and chill equipment. The equipment mirrors an indoor gym with cross trainers, bikes, chest presses and lat pull downs. All equipments are compliant with the European safety standards EN1176 and EN957.

More information will be available soon.



# Announcements

## ATTENTION Queens Park Residents !



How would you spend £1000 this summer in your neighbourhood? Street party? trips to attraction parks? gardening project?

If you have an idea that would involve your street, neighbours and benefit your community, please contact Artak on 01277 658086 for more information and application form. **QP residents only!**

## HANNAKINS FARM FUNCTION HALL HIRE



**SPECIAL DEAL FOR MEMBERS-FREE BAR AREA HIRE- YOU HIRE THE DJ-WE SELL THE DRINKS-NO DAMAGE AT HOME- WE CLEAR UP AFTER**

**FAMILY PARTIES** *wedding receptions naming receptions anniversaries*

*Kids parties 16th 18th 21st*

**CORPORATE FUNCTIONS**

*training sessions lectures*

*Conferences activity days*

**COMMUNITY GROUPS** *open days*

*Talks meetings local societies*

**Activities**

- Large Hall 385 capacity
- Small Hall 80 capacity
- Committee room 20
- Bar 125 capacity, SKY TV

**Contact person: Sharon Mabey 01277 630851 or Sharon@hffc.netroost.com**

**HANNAKINS FARM BAR MANAGER Kerry Purkiss**

Phone: 01277 630851  
WWW.hannakinsfarm.com  
Myspace/facebook  
**SEE POSTERS FOR DETAILS FORTHCOMING EVENTS**



**Wbeca  
Regd charity  
No 1055830**

## MEND Programme benefits

- It is a free and fun programme
- You have the chance to attend a programme of your choice
- On completing MEND you automatically join the MEND Graduate programme which entitles you to a family Fast Card that offers 3 months free entry to all Basildon Council Leisure facilities and various other concessions

**Pitsea Leisure Centre**  
Mondays and Wednesdays  
(4.30 - 6.30pm)  
Start 08.09.08  
End 12.11.08

**Markhams Chase/James Hornsby**  
Tuesdays and Thursday (4.30 - 6.30pm)  
Start 09.09.08  
End 13.11.08

Tuesdays and Thursdays  
(4.30 - 6.30pm)  
Start 23.09.08  
End 27.11.08

**Basildon Sports Centre**  
Mondays and Wednesdays (4.30 - 6.30pm)  
Start 15.09.08  
End 19.11.08  
Tuesdays and Thursdays (4.30 - 6.30pm)  
Start 30.09.08  
End 04.012.08



**FREE fun programme for kids to become fitter, healthier and happier!**

Do you have children 7-13 years old?  
Are you worried they might be unhealthy or even overweight?  
Then call us on 01375 413465 and join the MEND Programme!

**Programme highlights include**

- Weekly games, activities and swimming for kids.
- Learning that being active can be a lot of fun!
- Fun, interactive discussions that will teach you easy, effective ways to improve your child's behaviour and improve his/her self-confidence.
- Practical demonstrations, games and tips about healthy foods, label reading and portion sizes

There is even a fun supermarket tour and a chance to try delicious new foods!



### mend it!

This MEND Programme will be run and supervised by qualified MEND Trainers. MEND is both evidence-based and outcome-driven, and is currently being researched in the form of a Randomized Control Trial at the Institute of Child Health in London.  
© MEND Central Limited



## Fatigue symptoms ?

aged 11-25 yrs from Billericay and adjacent areas ?

Then **MENU** is for you

**M** - for all who suffer with ME/CFS & fatigue symptoms  
**E** - Enhanced self support & good practise promoted  
**N** - Networking and friendship opportunities  
**U** - UR views are important to us & the future of MEND

Contact Dave Chuck - 07860 570635 or [davechuck@yahoo.co.uk](mailto:davechuck@yahoo.co.uk)

Or Andy Smith - 07919 624955 or [andy.smith@essex.gov.uk](mailto:andy.smith@essex.gov.uk)

Map & further details on [www.bmyouth.bmchurch.org](http://www.bmyouth.bmchurch.org)

Discount Taxi Service available.

All Multi Agency trained youth worker staff are fully CRB checked

**There is no charge for participation of this group.**

Meetings are currently held fortnightly on Fridays 3.00 - 4.00pm in the comfortable safe surroundings of **The Link - Queens Park Avenue - Billericay.** Refreshments provided.

**Drop in - or drop in and stay**



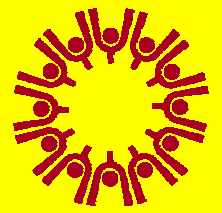
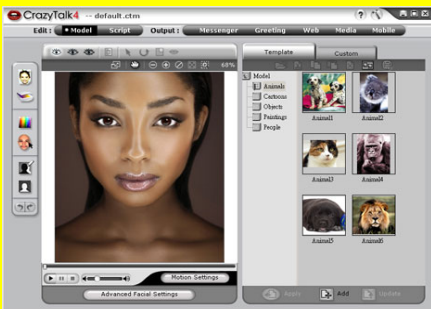
Essex County Council

# Technology4Kids **FREE** activities

## This Summer at Hannakins Farm Each Saturday, 2-4 pm, Small Hall



Various computer games, animation, design and much more.  
Just turn up, no need to sign up!  
Bring your friends and have fun.



BBWCVS

If you prefer to receive this Newsletter by email, please send your house number, street name and email address to [artak@bbwcv.org.uk](mailto:artak@bbwcv.org.uk)